

Individual Best Times (All Time)

Lauren Avis - (732166) - Linslade Crusaders Swimming Club - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:12.07	441	F	05/03/16	Linslade Crusaders Splash Gala	Tiddenfoot	Linslade	4
1:12.60	432	F	10/03/18	Central Beds Swim Squad L2 Open Meet 2018	Biggleswade	Linslade	2
1:12.68	430	F	05/12/15	Linslade Crusaders Last Chance Open meet	Bletchley	Linslade	3
1:13.04	424	F	25/11/17	Linslade Crusaders Last Chance Meet	Bletchley	Linslade	3
1:13.06	424	F	08/10/16	NASL London	Dagenham	Linslade	3
1:13.24	420	H	01/10/16	Modernian Golden Eagle Meet	Bletchley	Linslade	2
1:13.32	419	F	18/10/15	Linslade Crusaders Age Group Championships 2015	Tiddenfoot	Linslade	4
1:13.45	417	F	26/11/16	Linslade Crusaders Last Chance Open Meet	Bletchley	Linslade	3
1:13.64	414	H	22/03/14	Bedfordshire Age Group & County Champs	Luton	Linslade	2
1:13.70	413	F	11/03/17	Mid Beds Swim Squad L2 Open Meet 2017	Biggleswade	Linslade	2
1:13.75	412	F	19/09/17	Linslade Crusaders Age Group Championships 2017	Tiddenfoot	Linslade	4
1:13.78	411	F	17/12/17	1st Christmas Cracker Open Meet	Biggleswade	Linslade	3
1:13.88	410	F	12/11/16	NASL London	Watford	Linslade	3
1:14.12	406	F	16/10/16	Linslade Crusaders Age Group Champs	Leighton Buzzard	Linslade	4
1:14.19	404	F	06/10/18	Linslade Crusaders Age Group Championships 2018	Tiddenfoot	Linslade	4
1:14.31	403	F	10/12/16	NASL London	Braintree	Linslade	3
1:14.37	402	F	26/04/14	City of MK Annual Spring Open Level 2 Meet	Milton Keynes	Linslade	2
1:14.73	396	F	15/07/18	Biggleswade 19th Open Meet	Biggleswade	Linslade	3
1:15.06	391	F	20/06/15	City of Milton Keynes 13th Annual End of Season	Milton Keynes	Linslade	3
1:16.77	365	F	18/10/14	Linslade Crusaders Club Championships	Leighton Buzzard	Linslade	4
1:16.97	362	F	20/10/13	Linslade Crusaders Club Championships	Leighton Buzzard	Linslade	4
1:18.91	336	F	20/04/13	City of Milton Keynes SC Spring Open	Bletchley	Linslade	2
1:20.08	322	H	16/03/13	Bedfordshire County Championships	Luton	Linslade	2
1:20.95	311	F	16/06/13	Maxwell Summer Meet 2013	Aylesbury	Linslade	3
1:21.38	306	F	19/05/13	Leighton Buzzard SC May Level 3 Open Meet	Bletchley	Linslade	3
1:24.57	273	F	16/12/12	CMKSC 7th Annual Christmas Cracker	Bletchley	Linslade	3
1:27.53	246	F	12/05/12	West Suffolk Open Meet	Bury St Edmunds	Linslade	2

1:27.33	240	F	13/03/12	West Suffolk Open Meet	Bury St Edmunds	Linslade	
1:31.50	215	F	07/07/12	Bletchley & District Annual End of Season	Bletchley	Linslade	3

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