

Individual Best Times (All Time)

Scott Greenaway - (729327) - Dereham & District SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:33.19	366	F	18/07/23	Dereham & District ASC Roger Virgoe Meet 2023	Dereham		4
2:34.10	360	F	03/12/21	Dereham & District ASC Roger Virgoe	Dereham		4
2:34.13	359	H	25/06/23	Swim England Norfolk County Challenge 2023	Dereham	Dereham	3
2:36.29	345	F	14/10/23	National Arena Swimming League East Mids R1 2023	Norwich		2
2:36.42	344	F	18/07/19	Dereham & District Roger Virgoe	Dereham	Dereham	4
2:36.57	343	F	12/07/22	Dereham and District ASC Roger Virgoe	Dereham		4
2:36.57	343	F	12/07/22	Dereham & District ASC Roger Virgoe Meet 2023	Dereham		4
2:37.29	338	F	19/07/16	Dereham & District Roger Virgoe Level 3 2016	Dereham	Dereham	3
2:37.63	336	F	03/10/15	Dereham & District SC Icení 2015 Level 3 Open Meet	Dereham	Dereham	3
2:37.86	334	F	18/07/17	Dereham & District ASC Roger Virgoe	Dereham	Dereham	4
2:37.87	334	F	02/10/22	Dereham & District ASC Icení Open	Dereham		3
2:38.33	331	H	10/12/22	National Arena League - East Mids - Round 3 2022	Wellingborough	Dereham	3
2:39.89	322	F	02/10/16	Dereham Otters Icení Level 3 Open Meet 2016	Dereham	Dereham	3
2:40.02	321	F	08/07/15	Dereham & District Roger Virgo 2015	Dereham	Dereham	4
2:40.13	320	H	21/02/16	Norfolk County Championships 2016	Thetford	Dereham	2
2:42.47	307	F	19/07/18	Dereham and District Roger Virgoe 2018	Dereham LC	Dereham	4
2:42.88	304	F	05/10/14	Dereham Icení Level 3 Open Meet	Dereham	Dereham	3
2:43.94	299	F	11/07/14	Dereham & District Roger Virgo Distance Event	Dereham	Dereham	4
2:45.72	289	H	28/06/15	Norfolk County Challenge Gala 2015	Dereham		3
2:52.51	256	H	30/06/13	Norfolk County Challenge 2013	Dereham	Dereham	3
3:03.38	213	H	28/10/12	Diss Otters Open Meet	Diss	Dereham	3

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