

Individual Best Times (All Time)

Scott Greenaway - (729327) - Dereham & District SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:37.08	304	F	14/07/22	Dereham & District ASC Roger Virgoe Meet 2023	Dereham		4
2:37.08	304	F	14/07/22	Dereham and District ASC Roger Virgoe	Dereham		4
2:37.29	302	H	29/06/14	Norfolk County Challenge Gala 2014	Dereham	Dereham	3
2:37.89	299	F	01/07/15	Dereham & District Roger Virgo 2015	Dereham	Dereham	4
2:38.40	296	H	28/06/15	Norfolk County Challenge Gala 2015	Dereham		3
2:38.93	293	F	02/07/14	Dereham & District Roger Virgo Distance Event	Dereham	Dereham	4
2:38.99	293	F	03/10/15	Dereham & District SC Icen 2015 Level 3 Open Meet	Dereham	Dereham	3
2:39.67	289	F	12/07/16	Dereham & District SC Roger Virgoe Level 3 2016	Dereham	Dereham	3
2:39.86	288	F	05/12/21	Dereham & District ASC Roger Virgoe	Dereham		4
2:40.34	285	F	21/07/23	Dereham & District ASC Roger Virgoe Meet 2023	Dereham		4
2:42.31	275	F	27/11/13	Dereham Annual Gala	Dereham	Dereham	4
2:42.68	273	F	05/10/14	Dereham Icen Level 3 Open Meet	Dereham	Dereham	3
2:43.38	270	H	08/03/14	Norfolk County Champs & AG Comp	Thetford	Dereham	2
2:44.63	264	F	29/09/13	Dereham & District ASC ICENI	Dereham	Dereham	3
2:45.22	261	H	30/06/13	Norfolk County Challenge 2013	Dereham	Dereham	3
2:46.02	257	H	20/10/13	Diss Otters SC Open 2013	Norwich	Dereham	3
2:46.73	254	H	09/03/13	Norfolk County Championships	Thetford	Dereham	2
2:54.11	223	H	28/10/12	Diss Otters Open Meet	Diss	Dereham	3
3:17.85	152	H	06/11/11	Diss Otters 14th Open Meet	Thetford	Dereham	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:40.34	285	F	21/07/23	Dereham & District ASC Roger Virgoe Meet 2023	Dereham		4
2:37.08	304	F	14/07/22	Dereham & District ASC Roger Virgoe Meet 2023	Dereham		4
2:37.08	304	F	14/07/22	Dereham and District ASC Roger Virgoe	Dereham		4
2:39.86	288	F	05/12/21	Dereham & District ASC Roger Virgoe	Dereham		4

2:39.67	289	F	12/07/16	Dereham & District SC Roger Virgoe Level 3 2016	Dereham	Dereham	3
2:38.99	293	F	03/10/15	Dereham & District SC Icenl 2015 Level 3 Open Meet	Dereham	Dereham	3
2:37.89	299	F	01/07/15	Dereham & District Roger Virgo 2015	Dereham	Dereham	4
2:38.40	296	H	28/06/15	Norfolk County Challenge Gala 2015	Dereham		3
2:42.68	273	F	05/10/14	Dereham Icenl Level 3 Open Meet	Dereham	Dereham	3
2:38.93	293	F	02/07/14	Dereham & District Roger Virgo Distance Event	Dereham	Dereham	4
2:37.29	302	H	29/06/14	Norfolk County Challenge Gala 2014	Dereham	Dereham	3
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