

# Individual Best Times (All Time)

Mark Greenaway - (729326) - Dereham & District SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
58.48	450	F	11/10/21	Dereham and District ASC Annual Sprints	Dereham		4
58.69	445	F	01/10/22	Dereham & District ASC Icen Open	Dereham		3
58.92	440	H	09/06/24	Swim England Norfolk Inter Club Gala 2024	Norwich	Dereham	2
59.25	433	H	28/01/17	Norfolk ASA County Championships 2017	Norfolk	Dereham	2
59.42	429	F	19/11/18	Dereham and District Amateur Swimming Club	Dereham	Dereham	4
59.64	424	F	30/09/23	Dereham and District ASC Icen Open 2023	Dereham		3
59.74	422	F	20/11/23	Dereham & District ASC Annual Sprints 2023	Dereham		4
59.81	421	H	10/12/22	National Arena League - East Mids - Round 3 2022	Wellingborough	Dereham	3
59.88	419	F	21/11/22	Dereham & District ASC Annual Sprints 2022	Dereham		4
1:00.02	416	F	11/11/23	National Arena Swimming League East Mids R2 2023	Norwich		2
1:00.03	416	F	29/11/15	Dereham Otters Annual Gala	Dereham	Dereham	3
1:00.16	414	F	26/11/17	Dereham & District Annual Sprints 2017	Dereham	Dereham	4
1:00.35	410	H	25/06/23	Swim England Norfolk County Challenge 2023	Dereham	Dereham	3
1:00.39	409	F	27/11/16	Dereham Otters Annual Sprints Gala	Dereham	Dereham	3
1:00.44	408	F	01/10/16	Dereham Otters Icen Level 3 Open Meet 2016	Dereham	Dereham	3
1:00.73	402	F	03/10/15	Dereham & District SC Icen 2015 Level 3 Open Meet	Dereham	Dereham	3
1:00.85	400	F	14/10/23	National Arena Swimming League East Mids R1 2023	Norwich		2
1:01.09	395	H	21/02/16	Norfolk County Championships 2016	Thetford	Dereham	2
1:01.13	394	H	28/06/15	Norfolk County Challenge Gala 2015	Dereham		3
1:01.63	385	H	08/03/15	Norfolk County Championships	Thetford		2
1:01.70	383	F	23/11/14	Dereham Otters Annual Gala	Dereham	Dereham	3
1:02.43	370	F	19/04/15	Newmarket & District Seventh Open Meet	Newmarket	Dereham	3
1:02.89	362	F	05/10/14	Dereham Icen Level 3 Open Meet	Dereham	Dereham	3
1:03.39	353	F	24/11/13	Dereham Annual Gala	Dereham	Dereham	4
1:03.63	349	H	09/03/14	Norfolk County Champs & AG Comp	Thetford	Dereham	2
1:05.37	322	H	30/06/13	Norfolk County Challenge 2013	Dereham	Dereham	3
1:05.53	320	F	20/09/12	Dereham & District ASC Icen	Dereham	Dereham	3

1:05.55	320	F	29/09/13	Dereham & District ASC ICENI	Dereham	Dereham	3
1:06.62	304	H	10/03/13	Norfolk County Championships	Thetford	Dereham	2
1:13.25	229	H	11/03/12	Norfolk County Championships	Thetford	Dereham	2

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