

Individual Best Times (All Time)

Ailsa Timoney - (727938) - Warrender Baths Club - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:29.23	634	F	02/11/14	East District Age Group Championships	Fife	Warrender Ba	2
4:34.02	601	H	13/12/14	Scottish National Short Course Champs	Edinburgh	Warrender Ba	1
4:34.29	599		03/11/13	East District Age Group Championships	Glenrothes	Warrender Ba	1
4:37.28	580	H	16/11/13	SASA North District Open & Grand Prix	Inverness	Warrender Ba	1
4:37.44	579	H	14/12/13	Scottish National Short Course Open Meet	Edinburgh	Warrender Ba	1
4:37.81	577	H	15/12/12	Scottish Gas National SC Championships	Edinburgh	Warrender Ba	1
4:38.94	570	F	15/12/12	Scottish Gas National SC Championships	Edinburgh	Warrender Ba	1
4:40.36	561		27/05/12	Incas Distance Gala 2012	Glenrothes	Warrender Ba	2
4:41.04	557	H	15/11/14	COAST Grand Prix	Aberdeen	Warrender Ba	1
4:43.15	545		09/06/13	InCas Distance Meet	Dunfermline	Warrender Ba	2
4:46.14	528	F	16/06/12	East Lothian Distance Meet	Prestonpans	Warrender Ba	2
4:47.07	523		04/11/12	East District Age Group Championships	Bathgate	Warrender Ba	1
4:58.75	464	F	14/01/12	South Aberdeenshire Junior Meet	Westhill	Warrender Ba	2
5:00.96	453		06/11/11	SASA East District Age Groups November Leg	Glenrothes	Warrender Ba	1
5:23.18	366	F	01/05/11	Carnegie Graded Spring Meet	Glenrothes	Warrender Ba	2
5:34.88	329		05/03/11	East District Age Groups	Glenrothes	Warrender Ba	1
5:45.62	299	F	05/12/09	East District Age Group	Glenrothes	Warrender Ba	1

Swims in Date Order

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