Individual Best Times (All Time)

Lara Reed - (723713) - Oxford University SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:36.32	586	Н	08/11/15	ASA South East Region Winter Championships 2015	Portsmouth	Wycombe Dist	2
4:37.62	578	Н	21/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidstone	Wycombe Dist	2
4:38.28	574	Н	03/03/19	The Varsity Swimming Match 2019	Parkside Pools		3
4:39.86	564	Н	25/02/17	The Varsity Swimming Match 2017	Cambridge	Oxford Uni	3
4:41.04	557		29/02/20	The Varsity Swimming Match 2020	Oxford	Oxford Uni	3
4:41.99	551	Н	06/02/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	Wycombe Dist	2
4:42.19	550	F	04/10/14	Maxwell Autumn Meet	Aylesbury	Wycombe Dist	3
4:42.38	549	F	24/02/18	Oxford University The Varsity Swimming Match 2018	Oxford	Oxford Uni	3
4:43.16	545	F	17/01/15	Watford County Qualifier Open Meet	Watford	Wycombe Dist	3
4:46.18	527		11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
4:46.18	527	Н	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
4:46.25	527	Н	22/03/14	Berkshire & South Buckinghamshire County	Maidenhead	Wycombe Dist	2
4:46.86	524	F	06/10/13	Maxwell Autumn Meet	Aylesbury	Wycombe Dist	3
4:47.15	522	Н	12/11/17	BUCS Short Course Swimming Championships	Sheffield		2
4:48.55	515	Н	18/01/14	Windsor Level 2 Licenced Meet	Windsor	Wycombe Dist	2
4:52.68	493	Н	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
5:06.33	430	Н	17/03/12	Berkshire & Sth Bucks County Championships	Maidenhead	Wycombe Dist	2
5:17.50	386		15/01/12	Barnet Copthall Middle Distance Meet	Barnet	Wycombe Dist	3
5:30.27	343	F	09/04/11	City of Milton Keynes Spring Open Gala	Bletchley	Wycombe Dist	2

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