## **Individual Best Times (All Time)**

Thomas Sansome - (714376) - Wycombe District SC - 400 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time                 | WA Pts | Round | Date     | Meet  | Venue                | Club Swam Under | Level       |
|----------------------|--------|-------|----------|---|----------------------|-----------------|-------------|
| 3:56.39              | 723    | F     | 17/12/23 | Swim England Winter Championships 2023            | Sheffield            | Lboro Uni       | 2           |
| 3:56.48              | 723    | Н     | 03/12/21 | Swim England National Winter Championships (25m)  | Sheffield            | Lboro Uni       | 2           |
| 3:57.25              | 716    | Н     | 17/12/23 | Swim England Winter Championships 2023            | Sheffield            | Lboro Uni       | 2           |
| 3:57.70              | 711    | Н     | 11/12/22 | Scottish National Short Course Meet 2022          | Edinburgh            |                 | 2           |
| 4:03.08              | 665    | Н     | 19/11/22 | Nova Centurion November Meet                      | Nottingham           | Lboro Uni       | 2           |
| 4:03.75              | 660    | Н     | 22/10/23 | Loughborough Swimming International SC Meet 2023  | Moorways SV          |                 | 2           |
| 4:05.55              | 645    | F     | 22/10/23 | Loughborough Swimming International SC Meet 2023  | Moorways SV          |                 | 2           |
| 4:07.41              | 631    | Н     | 20/10/19 | Manchester International Meet 2019                | Manchester           | Wycombe Dist    | 2           |
| 4:07.95              | 627    | Н     | 29/06/19 | Hatfield Summer Meet 2019                         | Herts Sports Village | Wycombe Dist    | 2           |
| 4:08.93              | 619    | Н     | 02/11/20 | Wycombe District SC                               | Wycombe LC           |                 | 0           |
| 4:09.74              | 613    | Н     | 18/11/23 | NOVA Centurion November Meet 2023                 | Nottingham           | Lboro Uni       | 2           |
| 4:09.81              | 613    | Н     | 14/12/18 | SE Winter Championships 2018                      | Sheffield            | Wycombe Dist    | 2           |
| 4:10.15              | 610    | F     | 17/11/19 | Guildford City Winter Open Meet                   | Surrey Sports Park   | Wycombe Dist    | 2           |
| 4:10.92              | 605    | Н     | 03/11/18 | Swim England South East Open & Junior Champs      | Portsmouth           | Wycombe Dist    | 2           |
| 4:13.13              | 589    | Н     | 02/11/19 | Swim England South East Open Junior Championships | Portsmouth           | Wycombe Dist    | 2           |
| 4:13.39              | 587    | F     | 18/11/18 | Guildford City L2 Winter Open                     | Surrey SP            | Wycombe Dist    | 2           |
| 4:24.95              | 514    | Н     | 24/06/17 | Hatfield Summer Meet 2017                         | Hatfield             | Wycombe Dist    | 2           |
| 4:33.37              | 468    | F     | 20/11/16 | Guildford L2 Winter Qualifier Champs              | Guildford            | Wycombe Dist    | 2           |
| 4:33.58              | 466    | Н     | 15/01/17 | Berks & Sth Bucks ASA 2017 County Championships   | Wycombe              | Wycombe Dist    | 2           |
| 4:35.50              | 457    | F     | 18/12/16 | Hillingdon Winter Short Course Open Meet          | Uxbridge             | Wycombe Dist    | 3           |
| 4:38.37              | 443    | F     | 15/10/16 | Wycombe District Inaugural Premier Meet           | Wycombe              | Wycombe Dist    | 2           |
| 4:39.44              | 438    | F     | 22/11/15 | Guildford City SC November L2 Open Meet           | Surrey               | Wycombe Dist    | 2           |
| 4:42.89              | 422    | Н     | 06/02/16 | Berkshire & Sth Bucks 2016 County Championships   | Maidenhead           | Wycombe Dist    | 2           |
| 4:45.71              | 409    | F     | 20/12/15 | Hillingdon SC Winter Short Course Open Meet 2015  | Uxbridge             | Wycombe Dist    | 2           |
| 4:49.09              | 395    | F     | 04/10/15 | Maxwell Swim Club October 2015 L2 Meet            | Aylesbury            | Wycombe Dist    | 2           |
| 5:01.49              | 348    | Н     | 21/03/15 | Berks & S Bucks ASA County & Age Group Champs     | Maidstone            | Wycombe Dist    | 2           |
| F.07 07<br>right 202 | 220    | Е     | OE/40/44 | Manual Autumn Moot                                | Autochus             | Powered By SPOR | ,<br>TSVSTE |

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Wycombe Dist

05/10/13 Maxwell Autumn Meet

Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet  | Venue                | Club Swam Under | Level |
|---------|--------|-------|----------|---|----------------------|-----------------|-------|
| 3:56.39 | 723    | F     | 17/12/23 | Swim England Winter Championships 2023            | Sheffield            | Lboro Uni       | 2     |
| 3:57.25 | 716    | Н     | 17/12/23 | Swim England Winter Championships 2023            | Sheffield            | Lboro Uni       | 2     |
| 4:09.74 | 613    | Н     | 18/11/23 | NOVA Centurion November Meet 2023                 | Nottingham           | Lboro Uni       | 2     |
| 4:05.55 | 645    | F     | 22/10/23 | Loughborough Swimming International SC Meet 2023  | Moorways SV          |                 | 2     |
| 4:03.75 | 660    | Н     | 22/10/23 | Loughborough Swimming International SC Meet 2023  | Moorways SV          |                 | 2     |
| 3:57.70 | 711    | Н     | 11/12/22 | Scottish National Short Course Meet 2022          | Edinburgh            |                 | 2     |
| 4:03.08 | 665    | Н     | 19/11/22 | Nova Centurion November Meet                      | Nottingham           | Lboro Uni       | 2     |
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| 4:10.15 | 610    | F     | 17/11/19 | Guildford City Winter Open Meet                   | Surrey Sports Park   | Wycombe Dist    | 2     |
| 4:13.13 | 589    | Н     | 02/11/19 | Swim England South East Open Junior Championships | Portsmouth           | Wycombe Dist    | 2     |
| 4:07.41 | 631    | Н     | 20/10/19 | Manchester International Meet 2019                | Manchester           | Wycombe Dist    | 2     |
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| 5:01.49 | 348    | Н     | 21/03/15 | Berks & S Bucks ASA County & Age Group Champs     | Maidstone            | Wycombe Dist    | 2     |
| 5:07.07 | 330    | F     | 05/10/14 | Maxwell Autumn Meet                               | Aylesbury            | Wycombe Dist    | 3     |
| 5:44.11 | 234    | F     | 05/10/13 | Maxwell Autumn Meet                               | Aylesbury            | Wycombe Dist    | 3     |

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