

Individual Best Times (All Time)

Vincent Ryan - (707547) - Bracknell & Wokingham SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:25.02	513	F	22/11/15	Guildford City SC November L2 Open Meet	Surrey	Wycombe Dist	2
4:26.90	502	F	20/11/16	Guildford L2 Winter Qualifier Champs	Guildford	Wycombe Dist	2
4:26.99	502	F	04/10/15	Maxwell Swim Club October 2015 L2 Meet	Aylesbury	Wycombe Dist	2
4:27.32	500	H	06/02/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	Wycombe Dist	2
4:28.63	493	H	15/01/17	Berks & Sth Bucks ASA 2017 County Championships	Wycombe	Wycombe Dist	2
4:32.69	471	H	21/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidstone		2
4:33.50	467	H	17/01/15	Windsor Level 2 Open Meet	Maidenhead		2
4:40.39	433	H	22/03/14	Berkshire & South Buckinghamshire County	Maidenhead	Windsor	2
4:40.81	431	H	23/10/14	Windsor Club Championships	Windsor		4
4:43.31	420	H	21/11/13	Windsor Club Championships	Windsor	Windsor	4
4:54.43	374	H	23/03/13	Berkshire & South Buckinghamshire County	Maidenhead	Windsor	2
5:04.77	337	H	19/01/13	Windsor Level 2 Licensed Meet	Maidenhead	Windsor	2
5:18.75	295	H	17/03/12	Berkshire & Sth Bucks County Championships	Maidenhead	Windsor	2
5:30.29	265	F	06/11/11	City of Norwich The Big Bang 2011	Norwich	Windsor	2
5:45.00	232	H	01/10/11	Windsor Club Championships	Windsor & Maidenhead	Windsor	4

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