

Individual Best Times (All Time)

Rami Elias - (706933) - Windsor SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.35	427	F	21/11/15	Aquae Sulis Grand Prix	Bristol	Windsor	2
29.89	404	H	06/02/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	Windsor	2
30.19	392	H	21/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidstone		2
30.51	380	H	29/11/15	Windsor Club Championships	Maidenhead		4
30.59	377	H	18/10/15	Rushmoor Royals SC 12th Autumn Open Meet	Aldershot		2
30.67	374	H	22/03/14	Berkshire & South Buckinghamshire County	Maidenhead	Windsor	2
30.72	372	H	12/07/14	Windsor Level 3 End of Season Sprint Meet	Maidenhead		3
31.00	362	H	02/10/13	Windsor Club Championships	Windsor	Windsor	4
31.11	358	H	20/11/21	BUCS Short Course Swimming	Sheffield		2
31.55	344	H	25/09/14	Windsor Club Championships	Windsor		4
31.79	336	H	23/03/13	Berkshire & South Buckinghamshire County	Maidenhead	Windsor	2
32.21	323	F	23/03/13	Berkshire & South Buckinghamshire County	Maidenhead	Windsor	2
34.05	273	H	19/05/12	Windsor SC Level 3 Open Meet	Maidenhead	Windsor	3
34.15	271	H	15/11/12	Windsor SC Club Championships	Windsor	Windsor	4
35.45	242	F	05/11/11	City of Norwich The Big Bang 2011	Norwich	Windsor	2
35.93	233	H	17/07/11	Fareham Nomads Summer Open Meet	Southampton	Windsor	3
36.81	216	H	26/03/11	Berkshire & South Bucks County Championshi	Maidenhead	Windsor	2
37.49	205	H	05/12/10	City of Oxford Open Meet	Oxford	Windsor	2
38.88	183	H	27/03/10	Berks & South Bucks	Maidenhead	Windsor	2
38.88	183		20/11/10	Boldmere Open Meet	Birmingham	Windsor	2
39.68	173	H	18/07/10	Fareham Nomads Open	Southampton	Windsor	3
40.36	164	H	22/05/10	Windsor Open Meet	Maidenhead	Windsor	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.11	358	H	20/11/21	BUCS Short Course Swimming	Sheffield		2

29.89	404	H	06/02/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	Windsor	2
30.51	380	H	29/11/15	Windsor Club Championships	Maidenhead		4
29.35	427	F	21/11/15	Aquae Sulis Grand Prix	Bristol	Windsor	2
30.59	377	H	18/10/15	Rushmoor Royals SC 12th Autumn Open Meet	Aldershot		2
30.19	392	H	21/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidstone		2
31.55	344	H	25/09/14	Windsor Club Championships	Windsor		4
30.72	372	H	12/07/14	Windsor Level 3 End of Season Sprint Meet	Maidenhead		3
30.67	374	H	22/03/14	Berkshire & South Buckinghamshire County	Maidenhead	Windsor	2
31.00	362	H	02/10/13	Windsor Club Championships	Windsor	Windsor	4
32.21	323	F	23/03/13	Berkshire & South Buckinghamshire County	Maidenhead	Windsor	2
31.79	336	H	23/03/13	Berkshire & South Buckinghamshire County	Maidenhead	Windsor	2
34.15	271	H	15/11/12	Windsor SC Club Championships	Windsor	Windsor	4
34.05	273	H	19/05/12	Windsor SC Level 3 Open Meet	Maidenhead	Windsor	3
35.45	242	F	05/11/11	City of Norwich The Big Bang 2011	Norwich	Windsor	2
35.93	233	H	17/07/11	Fareham Nomads Summer Open Meet	Southampton	Windsor	3
36.81	216	H	26/03/11	Berkshire & South Bucks County Championshi	Maidenhead	Windsor	2
37.49	205	H	05/12/10	City of Oxford Open Meet	Oxford	Windsor	2
38.88	183		20/11/10	Boldmere Open Meet	Birmingham	Windsor	2
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