

# Individual Best Times (All Time)

James Russen - (57578) - Norwich Swan SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:25.39	271	H	06/03/10	Norfolk County Champs	Thetford	Norwich Swan	2
1:26.16	264	H	05/03/11	Norfolk County Championships	Thetford	Norwich Swan	2

## Swims in Date Order

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1:25.39	271	H	06/03/10	Norfolk County Champs	Thetford	Norwich Swan	2