

Individual Best Times (All Time)

Chloe Long - (560003) - West Suffolk Swimming Club - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:57.31	470	F	21/03/15	Suffolk County Championships	Ipswich	West Suffolk	2
4:57.52	469	F	23/03/14	Suffolk County Championships	Ipswich	Stowmarket	2
5:01.22	452		29/11/13	Stowmarket SC Club Championships	Stowmarket	Stowmarket	4
5:01.50	451		28/11/14	Stowmarket Club Champs	Stowmarket	Stowmarket	4
5:03.46	442	F	14/03/13	Suffolk County Championships	Ipswich	Stowmarket	2
5:06.03	431	H	27/10/12	Teamipswich 14th Open Meet	Ipswich	Stowmarket	2
5:10.33	414	H	17/03/12	Suffolk County Championships	Newmarket	Stowmarket	2
5:11.64	408	F	07/07/12	City of Norwich Mid Summer Madness	Norwich	Stowmarket	3
5:11.79	408		30/11/12	Stowmarket Swimming Club Championships	Stowmarket	Stowmarket	4
5:13.34	402		15/10/11	Deben SC Open Meet	Woodbridge	Stowmarket	3
5:16.65	389		20/03/11	Suffolk County Championships	Ipswich	Stowmarket	2
5:19.41	379		18/11/11	Stowmarket Club Championships	Stowmarket	Stowmarket	4
5:26.08	356	F	06/05/11	West Suffolk Open Meet	Bury St Edmunds	Stowmarket	2
6:38.31	195		09/10/09	Stowmarket Club Champs	Mid Suffolk Leisure	Stowmarket	4
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