

Individual Best Times (All Time)

Alexander Harrison - (559964) - West Suffolk Swimming Club - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.19	392	F	05/02/17	Suffolk County ASA Championships 2017	Ipswich	West Suffolk	2
30.21	392	H	08/03/15	Suffolk County Championships	Ipswich	Stowmarket	2
30.26	390	H	03/02/18	Suffolk County Championships 2018	Ipswich	West Suffolk	2
30.31	388	H	10/02/19	Suffolk County Championships 2019	Ipswich	West Suffolk	2
30.51	380	F	15/10/16	Deben Open Meet 2016	Deben	West Suffolk	3
30.64	375	F	18/03/17	Teamipswich March Open 2017	Ipswich	West Suffolk	3
30.68	374	F	28/11/17	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4
30.82	369	F	18/01/15	Teamipswich Swimming January Open Meet	Ipswich	Stowmarket	3
30.83	368	H	08/11/15	ASA East Region Winter Championships 2015	Luton	West Suffolk	2
30.93	365	F	02/12/18	WSSC Club Championships 2018	Bury St Edmunds	West Suffolk	4
31.00	362	F	06/10/18	The Neate Meet 2018	Bury St Edmunds	West Suffolk	3
31.10	359	F	09/03/14	Suffolk County ASA County Championships	Ipswich	Stowmarket	2
31.19	356	F	01/10/16	West Suffolk The Neate Meet	Bury St Edmunds	West Suffolk	3
31.36	350	F	01/12/15	West Suffolk Club Championships 2015	Bury St Edmunds	West Suffolk	4
31.36	350	F	29/11/16	West Suffolk Club Championships 2016	Bury St Edmunds	West Suffolk	4
31.38	349	F	09/03/14	Suffolk County ASA County Championships	Ipswich	Stowmarket	2
31.47	346		22/11/14	Stowmarket Club Champs	Stowmarket	Stowmarket	4
31.95	331	F	28/09/14	Teamipswich SC Early Season Open Meet	Ipswich	Stowmarket	3
32.00	329	F	13/07/14	Teamipswich SC July Surprize Open	Ipswich	Stowmarket	3
33.33	291		01/12/13	Stowmarket SC Club Championships	Stowmarket	Stowmarket	4
33.40	290	F	11/03/13	Suffolk County Championships	Ipswich	Stowmarket	2
35.16	248	F	13/01/13	Teamipswich SC January Open Meet	Ipswich	Stowmarket	3
35.42	243	H	27/10/12	Teamipswich 14th Open Meet	Ipswich	Stowmarket	2
35.55	240	F	13/05/12	West Suffolk Open Meet	Bury St Edmunds	Stowmarket	3
35.97	232		11/11/12	Stowmarket Swimming Club Championships	Stowmarket	Stowmarket	4
36.52	221	H	11/03/12	Suffolk County Championships	Newmarket	Stowmarket	2
37.03	212		17/12/11	Stowmarket No. 11th Open Meet	Stowmarket	Stowmarket	4

37.03	212		17/12/11	Stowmarket No Frills Open Meet	Stowmarket	Stowmarket	
38.12	195		13/11/11	Stowmarket Club Championships	Stowmarket	Stowmarket	4
38.20	193		05/03/11	Suffolk County Championships	Ipswich	Stowmarket	2
38.66	187		05/03/11	Suffolk County Championships	Ipswich	Stowmarket	2
39.14	180	F	08/05/11	West Suffolk Open Meet	Bury St Edmunds	Stowmarket	2
39.32	177		15/10/11	Deben SC Open Meet	Woodbridge	Stowmarket	3
40.09	167	H	10/07/11	teamipswich Summer Sprints	Ipswich	Stowmarket	3
41.59	150		13/03/10	Suffolk County Champs	Ipswich	Stowmarket	2
42.80	137	H	11/07/10	Teamipswich Summer Sprint	Ipswich	Stowmarket	3
45.37	115		21/06/09	Suffolk Development Meet	Ipswich	Stowmarket	3
45.63	113		11/10/09	Stowmarket Club Champs	Mid Suffolk Leisure	Stowmarket	4
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