

Individual Best Times (All Time)

Alicia Demetriades - (558984) - Stowmarket SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:49.20	373	H	18/03/12	Suffolk County Championships	Newmarket	Sudbury	2
2:52.06	355		11/07/13	Sudbury & District Club Championships	Sudbury	Sudbury	4
2:52.12	354	F	17/03/13	Suffolk County Championships	Ipswich	Sudbury	2
2:52.49	352		06/03/11	Suffolk County Championships	Ipswich	Sudbury	2
2:53.03	349		13/01/13	Sudbury & District Last Chance Open Meet	Sudbury	Sudbury	3
2:54.75	339		25/07/12	Sudbury & District Club Championships	Sudbury	Sudbury	4
2:55.68	333	H	08/01/11	teamipswich 12th Licensed Open Meet	Ipswich	Sudbury	3
3:00.29	308	H	23/10/10	teamipswich 25th Open Meet	Ipswich	Sudbury	2
3:03.86	291	H	19/09/10	teamipswich Novice Opener	Ipswich	Sudbury	4
3:06.14	280		25/04/10	Newmarket 2nd Open Meet	Newmarket	Sudbury	3

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