

Individual Best Times (All Time)

Shannon Stott - (558830) - City of Sheffield Swim Squad Ltd - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.36	521	H	28/01/17	Herts County Champs & Age Group Champs	Borehamwood	Co St Albans	2
31.38	520	F	27/11/16	St Albans Open Meet	St Albans	Co St Albans	3
31.38	520	F	28/01/17	Herts County Champs & Age Group Champs	Borehamwood	Co St Albans	2
31.38	520	H	24/06/18	Hatfield Summer Meet 2018	Herts Sports Village	Hatfield	2
31.65	507	F	01/10/16	City of St Albans 2016 Sprint Night	St Albans	Co St Albans	4
31.71	504	F	17/06/23	Watford SC Terry Davies Legacy Meet 2023	Watford		3
32.57	465	F	19/09/15	City of St Albans ASC September Sprint Meet	St Albans	Co St Albans	4
35.38	363	F	19/01/14	City of St Albans Club Championships Round 1	St Albans	Co St Albans	4
35.60	356	F	23/11/13	Hatfield Winter Gala 2013	Hatfield	Co St Albans	3
36.03	344	F	29/06/13	Watford SC Alternative Nationals Open Meet	Watford	Co St Albans	3
38.10	291	F	19/01/13	City of St Albans ASC Club Championships	St Albans	Co St Albans	4
39.57	259	F	30/06/12	WSC Alternative Nationals	Watford	Co St Albans	3
39.63	258	F	17/09/11	Hatfield SC Club Championships	Hatfield	Co St Albans	4
39.73	256	F	19/03/11	Hertfordshire County Championships	Borehamwood	Co St Albans	2
40.07	250	F	27/11/11	Hitchin SC Open Meet 2011	Hitchin	Co St Albans	3
40.17	248	F	24/03/12	Hertfordshire ASA County Championships	Borehamwood	Co St Albans	2
40.38	244	F	12/02/11	St Albans District School Swimming Assoc T	Hertfordshire	Co St Albans	4
41.00	233		22/01/11	Biggleswade 12th Open Meet	Biggleswade	Co St Albans	3
41.52	224	F	21/03/10	Hertfordshire Champs	Borehamwood	Co St Albans	2
41.71	221	F	11/09/10	Hatfield Club Champs	Hatfield	Co St Albans	4
41.99	217	F	21/03/10	Hertfordshire Champs	Borehamwood	Co St Albans	2
42.09	215	F	24/07/10	Plymouth Leander Open	Plymouth	Co St Albans	3
42.68	207	H	03/10/10	Cheshunt Open Meet	Borehamwood	Co St Albans	3
43.16	200	H	11/04/10	Luton Short Course Meet	Barnet	Co St Albans	2
43.52	195		23/01/10	Biggleswade 11th Open	Biggleswade	Co St Albans	3
43.76	192		27/06/10	City of Milton Keynes	Milton Keynes	Co St Albans	3
44.43	182		21/11/09	Milton Keynes 50000 Open	Milton Keynes	Co St Albans	3

44.43	183	21/11/09	Milton Keynes 502400 Open	Milton Keynes	Co St Albans	
44.46	183	28/11/09	Hatfield Winter Wonderland	Hatfield	Co St Albans	3
47.43	150	13/02/10	Hatfield Valentine Meet	Hertfordshire SV	Co St Albans	2
52.63	110	07/09/08	Hatfield Club Champs	Herts SportsVillage0	Co St Albans	4
58.57	80	23/09/07	Hatfield Club Champs	Hatfield	Co St Albans	4

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