

Individual Best Times (All Time)

Matthew Rishworth - (556418) - Staines Swimming Club - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:20.40	325	H	24/06/17	National Junior Para-Swimming 2017	Sunderland	Staines	2
1:20.55	323	F	26/02/17	Black Swan B-C Grade Meet 2017	Walton on Thames	Staines	3
1:22.29	303	H	06/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Staines	2
1:22.63	299	H	12/03/17	ASA SWR Para Championships	Bristol	Staines	3
1:30.94	224	H	22/11/14	BG Para-Swimming Championships	Manchester	S E Region	2
1:31.65	219	F	19/10/14	Staines SC Black Swan Winter Meet	Elmbridge		3
1:31.67	219	F	08/11/14	NASL2014 Round 2	Horsham		3
1:32.22	215	F	13/12/14	NASLS 2014 Round Three	Portsmouth		3
1:32.50	213	F	16/11/14	Staines Club Championships	Staines		4
1:34.49	200	F	12/07/14	Staines SC Black Swan Summer Meet	Staines		3
1:35.40	194	H	01/03/14	DSE National Junior & Youth Championships	Sheffield	Staines	2
1:38.21	178	F	01/02/14	Hatfield Valentines Meet	Hertfordshire	Staines	3
1:39.37	172	F	20/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	Staines	3
1:39.64	170	H	24/11/13	DSE National Short Course Meet	Sheffield	Staines	2
1:40.32	167	F	08/02/14	DSE South East Regional	Southampton	Staines	3
1:47.18	137	F	19/05/13	Woking SC B C Grade Octopus Open Meet	Woking	Staines	3

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