

Individual Best Times (All Time)

Matthew Rishworth - (556418) - Staines Swimming Club - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
42.98	195	F	10/01/15	Black Swan County Qualifier Meet	Walton-on-Thames	Staines	3
43.69	186	F	13/07/14	Staines SC Black Swan Summer Meet	Staines		3
44.90	171	F	18/10/14	Staines SC Black Swan Winter Meet	Elmbridge		3
47.07	148	F	21/09/13	Staines SC Club Championships	Staines	Staines	4
47.44	145	F	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	Staines	3
48.25	138	F	19/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	Staines	3
49.17	130	F	12/01/13	Staines SC Black Swan County Qualifier	Staines	Staines	3
49.21	130	F	19/05/13	Woking SC B C Grade Octopus Open Meet	Woking	Staines	3
49.38	128	F	14/07/13	Staines Black Swan Summer Meet	Elmbridge	Staines	3
50.03	124	F	24/11/12	Staines Black Swan Winter Meet	Staines	Staines	3
51.34	114	F	22/09/12	Staines Club Championship	Spelthorne	Staines	4
51.34	114	F	22/09/12	Staines Club Championships	Staines		4
52.28	108	F	15/07/12	Staines SC Black Swan Summer Meet	Walton on Thames	Staines	3
53.71	100	F	20/05/12	Woking SC 3rd B C Grade Octopus Open Meet	Woking	Staines	3
53.78	99	F	17/04/12	Middlesex County ASA Spring Development	Enfield	Staines	4
53.94	98		11/02/12	Harrow & Wealdstone John Basford Open Meet	Barnet	Staines	4
54.73	94		26/11/11	Staines Black Swan November Non NQT Meet	Walton on Thames	Staines	3
55.96	88		07/01/12	Black Swan County Qualifier	Staines	Staines	3
58.90	76		17/09/11	Staines SC Club Championships	Staines	Staines	4
1:04.20	58	F	09/04/11	Middlesex Spring Development Meet	Enfield	Staines	4
1:05.44	55		19/09/10	Staines Club Champs	Staines	Staines	4

Swims in Date Order

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