

Individual Best Times (All Time)

Matthew Rishworth - (556418) - Staines Swimming Club - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:51.45	194	F	14/07/13	Staines Black Swan Summer Meet	Elmbridge	Staines	3
2:51.80	193	F	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	Staines	3
2:51.82	193	F	19/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	Staines	3
2:58.18	173	F	27/04/13	Guildford City SC Regional Qualifier Meet	Guildford	Staines	3
2:59.58	169	F	19/05/13	Woking SC B C Grade Octopus Open Meet	Woking	Staines	3
3:02.57	161	F	12/01/13	Staines SC Black Swan County Qualifier	Staines	Staines	3
3:09.06	145	F	23/09/12	Staines Club Championship	Spelthorne	Staines	4
3:10.50	141	F	24/11/12	Staines Black Swan Winter Meet	Staines	Staines	3
3:18.39	125	F	15/07/12	Staines SC Black Swan Summer Meet	Walton on Thames	Staines	3
3:19.27	124	F	20/05/12	Woking SC 3rd B C Grade Octopus Open Meet	Woking	Staines	3
3:22.94	117	F	15/04/12	Middlesex County ASA Spring Development	Enfield	Staines	4
3:25.93	112		11/02/12	Harrow & Wealdstone John Basford Open Meet	Barnet	Staines	4
3:31.04	104		07/01/12	Black Swan County Qualifier	Staines	Staines	3
3:47.06	83		09/10/11	Staines SC Club Championships	Staines	Staines	4
4:08.28	64		21/11/10	Staines Club Champs	Staines	Staines	4
4:15.05	59	F	03/04/11	Middlesex County Spring Development Meet	Enfield	Staines	4

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