

Individual Best Times (All Time)

Matthew Rishworth - (556418) - Staines Swimming Club - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:18.27	239	F	05/10/14	Staines Club Championships	Staines		4
6:36.99	206	F	04/11/13	Staines SC Club Championships	Staines	Staines	4

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