

# Individual Best Times (All Time)

Daniel Aduakua - (556408) - Staines Swimming Club - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.52	377	F	01/02/14	Hatfield Valentines Meet	Hertfordshire	Staines	3
35.59	344	F	21/09/13	Staines SC Club Championships	Staines	Staines	4
36.23	326	F	02/02/13	Hatfield SC UKC Valentines Meet	Hertfordshire	Staines	3
36.37	322	F	14/07/13	Staines Black Swan Summer Meet	Elmbridge	Staines	3
36.69	314	F	11/03/13	Middlesex County Championships	Enfield	Staines	2
36.73	313	F	20/05/12	Woking SC 3rd B C Grade Octopus Open Meet	Woking	Staines	3
37.50	294	F	22/09/12	Staines Club Championship	Spelthorne	Staines	4
37.50	294	F	22/09/12	Staines Club Championships	Staines		4
37.58	292		17/07/11	Staines Black Swan Summer Meet	Elmbridge	Staines	3
38.15	279		17/09/11	Staines SC Club Championships	Staines	Staines	4
43.14	193		19/09/10	Staines Club Champs	Staines	Staines	4

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