

Individual Best Times (All Time)

Daniel Aduakua - (556408) - Staines Swimming Club - 200 Backstroke - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:50.82	236	F	20/01/13	Staines Club Championships	Staines	Staines	4

Swims in Date Order

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