

Individual Best Times (All Time)

Daniel Aduakua - (556408) - Staines Swimming Club - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.10	411	F	01/02/14	Hatfield Valentines Meet	Hertfordshire	Staines	3
27.91	376	F	13/07/13	Staines Black Swan Summer Meet	Elmbridge	Staines	3
27.98	374	F	02/02/13	Hatfield SC UKC Valentines Meet	Hertfordshire	Staines	3
28.17	366	F	21/09/13	Staines SC Club Championships	Staines	Staines	4
28.30	361	F	22/03/14	Middlesex County Championships	Enfield	Staines	2
29.21	328	F	22/09/12	Staines Club Championship	Spelthorne	Staines	4
29.21	328	F	22/09/12	Staines Club Championships	Staines		4
29.47	320		17/09/11	Staines SC Club Championships	Staines	Staines	4
30.20	297	F	20/05/12	Woking SC 3rd B C Grade Octopus Open Meet	Woking	Staines	3
31.17	270		17/07/11	Staines Black Swan Summer Meet	Elmbridge	Staines	3
33.56	216		18/09/10	Staines Club Champs	Staines	Staines	4

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