

Individual Best Times (All Time)

Robin Hughes - (554400) - Basildon and Phoenix SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.88	527	H	24/10/15	Essex Senior Short Course Championships 2015	Basildon	Romford Town	2
31.49	497	F	18/07/15	Romford Town Open Meet 2015	Braintree	Romford Town	3
31.62	491	F	24/10/15	Essex Senior Short Course Championships 2015	Basildon	Romford Town	2
31.84	481	F	30/03/14	Essex County Age Groups Championships	Basildon	Romford Town	2
32.07	470	H	29/11/14	Essex Senior Junior Championships	Basildon	Romford Town	2
32.61	447	H	30/03/14	Essex County Age Groups Championships	Basildon	Romford Town	2
32.70	444	F	29/11/14	Essex Senior Junior Championships	Basildon	Romford Town	2
33.59	409	F	24/03/13	Essex County Age Group Championships	Basildon	Romford Town	2
33.88	399		29/09/13	Romford Town SC 3rd David Jacobs Memorial	Romford	Romford Town	3
34.04	393		19/10/13	Romford Town SC 7th SC Meet	Enfield	Romford Town	3
34.47	379	H	24/03/13	Essex County Age Group Championships	Basildon	Romford Town	2
35.79	338	F	01/04/12	Essex County Championships	Basildon	Romford Town	2
36.15	328	H	01/04/12	Essex County Championships	Basildon	Romford Town	2
36.89	309	H	21/04/12	Black Lion SC Level 3 Spring Open Meet	Gillingham	Romford Town	3
37.14	303		03/12/11	Canvey Island Annual Winter Meet	Thurrock	Romford Town	3
38.16	279	F	20/02/11	Essex County Championships	Southend	Romford Town	2
38.17	279	H	28/05/11	Colchester Open Meet 2011	Colchester	Romford Town	3
38.43	273	H	20/02/11	Essex County Championships	Southend	Romford Town	2
38.85	264	H	05/11/11	Thurrock SC County Qualifier 2011	Grays	Romford Town	3
39.01	261	F	23/01/10	Essex County Champs	Grays	Romford Town	2
39.06	260	H	23/01/10	Essex County Champs	Grays	Romford Town	2
39.94	243	H	02/10/10	Thurrock Season Opener Meet	Thurrock	Romford Town	2
40.00	242		06/11/10	Romford Town 3th Open Meet	Enfield	Romford Town	3
40.14	240		04/12/10	Canvey Island Winter Open	Canvey Island	Romford Town	3
40.38	235		08/05/10	West Suffolk Open Meet	Bury St Edmunds	Romford Town	3
40.66	231		07/11/09	Canvey Island Winter Meet	Grays	Romford Town	3
40.81	226		22/05/10	Canvey Island Sprint Meet	Grays Essex	Romford Town	3

40.91	220		22/05/10	Canvey Island Sprint Meet	Grays Essex	Romford Town	3
41.96	210	H	04/10/09	Cranleigh Open Meet	Horsham	Romford Town	3
42.65	200	H	06/12/09	Runnymede Jingle Bells	Runnymede	Romford Town	4
43.20	192		23/05/09	Black Lion Spring Meet	Gillingham	Romford Town	2
43.37	190	H	19/07/09	Cambridge Summer Open	Cambridge	Romford Town	4
44.17	180	H	25/01/09	Essex County AG Champs	Grays	Romford Town	2
44.52	176	F	25/01/09	Essex County AG Champs	Grays	Romford Town	2
46.02	159		23/11/08	Romford Town 1st SC Open	Romford	Romford Town	3
46.30	156	H	06/12/08	Runnymede Jingle Bells	Runnymede	Romford Town	4
50.84	118		05/10/08	Barnet Cophall Novices	Barnet	Romford Town	4
51.62	112		05/10/08	Barnet Cophall Novices	Barnet	Romford Town	4

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