

Individual Best Times (All Time)

Robin Hughes - (554400) - Basildon and Phoenix SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:32.28	473	F	05/01/14	London Bo Redbridge Winter Meet	Barkingside	Romford Town	3
4:46.46	406	F	06/01/13	Redbridge Winter Meet 2013	Barkingside	Romford Town	3
4:49.69	393	H	13/05/12	Thurrock One Day Regional Qualifyer	Thurrock	Romford Town	3
4:49.73	393		21/10/12	Romford Town SC 6th SC Open Meet	Romford	Romford Town	3
5:14.06	308		05/12/10	Canvey Island Winter Open	Canvey Island	Romford Town	3
5:15.06	305	F	16/09/11	Basildon & Phoenix SC Club Championships	Basildon	Romford Town	4
5:16.32	302	H	02/10/10	Thurrock Season Opener Meet	Thurrock	Romford Town	2
5:17.73	298	H	08/10/11	Thurrock SC Season Opener 2011	Grays	Romford Town	2

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