

# Individual Best Times (All Time)

Dominic Frost - (553680) - University of Nottingham SC - 50 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.24	509	C	11/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
27.57	490	H	11/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
27.65	486	F	30/06/18	NPSC Club Championships Progress Meet 2018	Bletchley	Newport Pag	4
28.02	467	H	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
28.05	466	H	10/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	Newport Pag	2
28.42	448	F	16/07/16	Team Luton Fast & Furious III Sprint Meet	Luton	Newport Pag	3
28.71	434	F	04/12/16	Maxwell Last Chance Counties December Meet	Aylesbury	Co Milton K	3
29.09	417	H	16/07/16	Team Luton Fast & Furious III Sprint Meet	Luton	Newport Pag	3
29.16	414	F	19/11/16	CMK November Open Meet (Level 3)	Milton Keynes		3
29.26	410	H	13/02/16	Oxon & North Bucks County Champs	Aylesbury	Newport Pag	2
29.49	401	F	14/02/15	Oxfordshire & North Bucks County Champs	Aylesbury	Newport Pag	2
29.65	394	F	25/10/15	Newport Pagnell SC Club Championships	Bletchley	Newport Pag	4
29.86	386	F	06/12/14	Maxwell Swim Club December L3 Meet	Aylesbury	Newport Pag	3
29.89	385	H	18/07/15	Team Luton 2 Fast 2 Furious Sprint Meet	Luton		3
29.98	381	F	18/07/15	Team Luton 2 Fast 2 Furious Sprint Meet	Luton		3
30.05	379	H	14/02/15	Oxfordshire & North Bucks County Champs	Aylesbury	Newport Pag	2
30.60	359	F	01/11/15	City of Milton Keynes SC Annual 502400's Meet 2015	Milton Keynes	Newport Pag	3
31.16	340	F	14/12/14	City of MK 9th Annual Christmas Cracker	Milton Keynes	Newport Pag	3
31.32	334	F	21/06/14	City of MK SC 12th Annual End of Season L3 Meet	Milton Keynes	Newport Pag	3
31.52	328	H	05/10/14	Leicester Penguins Open Meet	Braunstone		3
31.77	320	F	26/04/14	City of MK Annual Spring Open Level 2 Meet	Milton Keynes	Newport Pag	2
34.06	260	F	15/12/13	CMK SC 8th Annual Christmas Cracker	Bletchley	Newport Pag	3
34.59	248	F	13/07/13	Bletchley Annual End of Season Meet	Aylesbury	Newport Pag	3
35.85	223	F	19/05/13	Leighton Buzzard SC May Level 3 Open Meet	Bletchley	Newport Pag	3
37.35	197	F	16/12/12	CMKSC 7th Annual Christmas Cracker	Bletchley	Newport Pag	3
37.74	191		07/10/12	Barnet Cophthall Novices Meet	Barnet	Newport Pag	3
38.56	170		07/10/12	Barnet Cophthall Novices Meet	Barnet	Newport Pag	3

36.36	179		07/10/12	Barnet Copthall Novices Meet	Barnet	Newport Pag	3
40.75	152	H	27/06/11	St Neots Swans Open	St Neots	Newport Pag	4
43.14	128		30/04/11	Rugby SC Open Meet 2011	Rugby	Newport Pag	3
47.82	94		26/09/10	Maxwell September Meet	Aylesbury	Newport Pag	3
48.23	91		03/10/10	Barnet Copthall Novices	Barnet	Newport Pag	4
50.88	78		03/10/10	Barnet Copthall Novices	Barnet	Newport Pag	4

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