

Individual Best Times (All Time)

Laura Harrison - (551539) - Glasgow University Swim Team - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:36.40	636	H	11/12/16	Scottish National Short Course Championships	Edinburgh	Ellesmere Co	1
2:37.28	626	C	11/12/16	Scottish National Short Course Championships	Edinburgh	Ellesmere Co	1
2:38.00	617	H	06/11/16	Midland Short Course Championships 2016	Nottingham	Ellesmere Co	2
2:39.70	598	H	22/11/15	Stockport Metro November Meet 2015	Stockport	Ellesmere Co	2
2:39.75	597	F	06/11/16	Midland Short Course Championships 2016	Nottingham	Ellesmere Co	2
2:40.52	589	H	22/11/16	Stockport Metro November Open Meet	Stockport	Ellesmere Co	2
2:41.69	576	F	28/02/16	Shropshire ASA County Age Group Championships	Wolverhampton	Ellesmere Co	2
2:42.19	571	H	08/11/15	Midland 2015 Short Course Championships	Nottingham	Ellesmere Co	2
2:42.90	563	H	26/02/17	Shropshire County Championships 2017	Wolverhampton	Ellesmere Co	2
2:43.87	553	F	20/06/15	SASA North District Development Meet 2015	Inverness	Nairn	1
2:44.07	551	H	20/11/21	BUCS Short Course Swimming	Sheffield		2
2:46.61	526	H	11/12/21	Scottish National Winter SC Championships	Edinburgh		2
2:46.67	526	F	15/02/15	Elgin ASC Spring Meet	Buckie	Nairn	2
2:48.66	507	F	05/10/14	SASA North District Open Meet	Inverness	Nairn	1
2:48.92	505	H	05/10/14	SASA North District Open Meet	Inverness	Nairn	1
2:49.70	498	F	11/01/14	SAS Junior Meet	Westhill	Nairn	2
2:51.24	485	H	15/12/13	Scottish National Short Course Open Meet	Edinburgh	Nairn	1
2:51.98	479	F	29/06/13	SASA North District End of Season Champs	Fraserburgh	Nairn	1
2:52.42	475	F	03/03/12	North District Age Group Championships	Peterhead	Nairn	2
2:52.74	472	H	29/06/13	SASA North District End of Season Champs	Fraserburgh	Nairn	1
2:52.76	472		01/09/13	Dunedin Challenge Meet	Dunfermline	Nairn	2
2:53.39	467	F	04/05/13	Westhill Invitational Meet 2013	Westhill	Nairn	2
2:53.42	467		12/11/11	Aberdeen Mitchell Trophy 2011	Inverness	Nairn	2
2:53.97	462	F	08/09/12	Garioch 200 Open Meet 2012	Aberdeenshire	Nairn	2
2:54.09	461	F	19/01/13	SASA Junior Meet 2013	Westhill	Nairn	2
2:54.47	458	H	16/11/13	SASA North District Open & Grand Prix	Inverness	Nairn	1
2:54.78	458	F	03/03/12	Aberdeen Mitchell Trophy 2012	Inverness	Nairn	2

2:34.70	430	F	02/02/13	Aberdeen Mitchell Trophy 2013	Inverness	Nairn	
2:55.00	454	F	04/12/11	SASA North District Age Group Championship	Inverness	Nairn	1
2:58.06	431	F	05/05/12	Westhill EnQuest Invitation Meet	Westhill	Nairn	2
2:59.65	420	F	10/09/11	Garioch Scotframe 200	Inverurie	Nairn	2
2:59.76	419	F	03/03/13	SASA North District Age Group Championship	Inverness	Nairn	1
3:03.14	396	F	03/06/12	SASA North District Summer Open Meet	Westhill	Nairn	1
3:03.93	391	F	26/06/11	Alloa Open Meet	Alloa	Nairn	2
3:11.53	346	F	05/03/11	North District Age Group Meet	Inverness	Nairn	1
3:13.67	335		06/02/11	North District Age Group Meet	Inverness	Nairn	1
3:14.69	330	F	15/01/11	SAS Junior Meet	Westhill	Nairn	2
3:15.22	327	F	24/04/11	Buckie Age Group Championships	Buckie	Nairn	2
3:25.98	278		19/06/10	Alloa Open Meet	Stirling	Nairn	2
3:38.87	232		01/05/10	Incas Distance Meet	Kirkcaldy	Nairn	2

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01/05/10 Incas Distance Meet

Stirling
Kirkcaldy

Nairn
Nairn