

Individual Best Times (All Time)

Emma Tappenden - (548511) - Basildon and Phoenix SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|---------------|-----------------|-------|
| 1:13.09 | 423 | H | 16/12/18 | BPSC Last Chance County Qualifier 2018 | Basildon | Basildon Ph | 3 |
| 1:14.21 | 404 | H | 20/10/19 | Essex Senior Winter Champs | Basildon | Basildon Ph | 2 |
| 1:15.29 | 387 | H | 21/10/17 | BPSC Sprint Event 2017 | Basildon | Basildon Ph | 3 |
| 1:15.45 | 385 | H | 17/03/19 | BPSC Regional County Qualifier 2019 | Basildon | Basildon Ph | 3 |
| 1:15.58 | 383 | H | 24/11/17 | BPSC Winter Club Champs 2017 | Basildon | Basildon Ph | 4 |
| 1:18.58 | 340 | H | 22/10/16 | Basildon & Phoenix Sprint Event 2016 | Basildon | Basildon Ph | 3 |
| 1:18.86 | 337 | H | 25/11/16 | Basildon & Phoenix Club Championships | Basildon | Basildon Ph | 4 |
| 1:25.46 | 264 | H | 27/11/15 | Basildon & Phoenix Club Championships 2015 | Basildon | | 4 |
| 1:28.79 | 236 | H | 18/04/15 | Essex & Regional Qualifier | Thurrock | | 3 |
| 1:30.18 | 225 | H | 04/01/15 | Basildon & Phoenix Winter Meet | Basildon | | 2 |
| 1:31.41 | 216 | H | 05/12/14 | Basildon & Phoenix Club Championships | Basildon | | 4 |
| 1:31.79 | 213 | H | 09/11/14 | BOSS Firework Spectacular Gala | Southend | | 3 |
| 2:22.68 | 56 | | 04/07/11 | Canvey Island Club Championships | Canvey Island | Basildon Ph | 4 |

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