Individual Best Times (All Time)

Ella Marlow Gilks - (546393) - Flitwick Dolphins SC - 400 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:31.69	339	F	24/01/15	Biggleswade 16th Open Meet	Biggleswade	Flitwick	3
5:34.32	331	F	11/05/14	Mid Beds Swim Squad L3 Open Meet	Biggleswade	Flitwick	3
5:34.69	330	F	18/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Flitwick	3
5:35.80	326	Н	30/11/13	Flitwick Dolphins Club Championships 2013	Bletchley	Flitwick	4
5:36.49	324	F	19/01/13	Biggleswade SC 14th Open meet	Biggleswade	Flitwick	3
5:38.01	320	Н	26/10/13	Flitwick Dolphins SC Open Meet	Biggleswade	Flitwick	3
5:46.07	298	Н	24/11/12	Flitwick Dolphins Club Championships	Flitwick	Flitwick	4
5:48.98	291	Н	10/03/12	Bedfordshire County Championships	Biggleswade	Flitwick	2
5:54.66	277	Н	27/10/12	Flitwick Dolphins Open Meet	Flitwick	Flitwick	3
6:06.86	250	Н	22/10/11	Flitwick Dolphins Open Meet	Biggleswade	Flitwick	3
6:12.20	239	Н	26/11/11	Flitwick Dolphins Club Championships	Biggleswade	Flitwick	4

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