Individual Best Times (All Time)

Ella Marlow Gilks - (546393) - Flitwick Dolphins SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:00.32	308	Н	27/04/14	Team Luton 2014 Short Course Open Meet	Luton	Flitwick	3
3:06.63	278	F	18/01/15	2nd Hoddesdon County Qualifier Open Meet	Borehamwood	Flitwick	3
3:08.54	270	F	11/01/14	Linslade Crusaders Last Chance Open Meet	Bletchley	Flitwick	3
3:09.15	267	Н	30/11/13	Flitwick Dolphins Club Championships 2013	Bletchley	Flitwick	4
3:09.23	267	Н	25/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade		3
3:10.52	261	Н	28/10/12	Flitwick Dolphins Open Meet	Flitwick	Flitwick	3
3:13.36	250	Н	23/10/11	Flitwick Dolphins Open Meet	Biggleswade	Flitwick	3
3:14.94	244	Н	25/02/12	Bedfordshire County Championships	Biggleswade	Flitwick	2
3:18.97	229	Н	24/11/12	Flitwick Dolphins Club Championships	Flitwick	Flitwick	4
3:22.30	218	Н	24/09/11	Bedfordshire ASA Development Meet	Biggleswade	Flitwick	4
3:23.15	215	Н	26/11/11	Flitwick Dolphins Club Championships	Biggleswade	Flitwick	4
3:26.71	204	F	15/01/12	Linslade Crusaders Last Chance Open Meet	Bletchley	Flitwick	4
3:36.38	178	Н	17/10/10	Flitwick Dolphins Open Meet	Biggleswade	Flitwick	3

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