Individual Best Times (All Time)

Ella Marlow Gilks - (546393) - Flitwick Dolphins SC - 200 Backstroke - Short Course

Performance Graph

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Swims in Time Order

Drag to Zoom, right click to reset.

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:58.89	293	Н	26/04/14	Team Luton 2014 Short Course Open Meet	Luton	Flitwick	3
3:02.22	278	Н	26/10/13	Flitwick Dolphins SC Open Meet	Biggleswade	Flitwick	3
3:04.49	267	F	05/01/13	Crusaders Last Chance Meet	Bletchley	Flitwick	3
3:04.87	266	Н	17/11/12	Flitwick Dolphins Club Championships	Flitwick	Flitwick	4
3:05.94	261	F	11/01/14	Linslade Crusaders Last Chance Open Meet	Bletchley	Flitwick	3
3:06.50	259	Н	22/11/14	Flitwick Dolphins Club Championships	Biggleswade		4
3:07.04	257	Н	27/10/12	Flitwick Dolphins Open Meet	Flitwick	Flitwick	3
3:07.28	256	Н	23/11/13	Flitwick Dolphins Club Championships 2013	Biggleswade	Flitwick	4
3:09.46	247	F	17/01/15	2nd Hoddesdon County Qualifier Open Meet	Borehamwood	Flitwick	3
3:12.60	235	Н	22/10/11	Flitwick Dolphins Open Meet	Biggleswade	Flitwick	3
3:17.59	218	F	15/01/12	Linslade Crusaders Last Chance Open Meet	Bletchley	Flitwick	4
3:23.08	200	Н	19/11/11	Flitwick Dolphins Club Championships	Biggleswade	Flitwick	4
3:35.12	169	Н	20/11/10	Flitwick Dolphins Club Championships	Various	Flitwick	4

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