

Individual Best Times (All Time)

Stian Howard - (545756) - Banchory Beavers ASC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:40.14	422	F	25/11/14	Scottish Schools Heats Aberdeen 2014	Aberdeen		2
2:45.49	382	F	16/02/14	2014 Elgin Spring Meet	Buckie	Banchory	2
2:46.39	376		08/02/14	Peterhead ASC Graded Meet	Peterhead	Banchory	2
2:49.81	354	F	22/03/14	SASA North District Age Group Champs	Fraserburgh	Banchory	1
2:49.85	354	F	22/09/13	2013 Stirling Autumn Meet	Stirling	Banchory	2
2:51.41	344	F	04/05/13	Westhill Invitational Meet 2013	Westhill	Banchory	2
3:02.17	286	F	05/05/12	Westhill EnQuest Invitation Meet	Westhill	Banchory	2
3:04.58	275		19/02/12	Elgin Spring Meet	Buckie	Banchory	2
3:04.83	274	F	24/06/12	SASA North District Development	Inverness	Banchory	1
3:06.93	265		23/09/12	2012 Stirling Autumn Meet	Stirling	Banchory	2
3:07.85	261	F	04/12/11	SASA North District Age Group Championship	Inverness	Banchory	1
3:10.59	250		02/10/11	Stirling Autumn Meet	Stirling	Banchory	2
3:34.55	175	F	11/09/10	Garioch Open 200 Meet	Inverurie	Banchory	2

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