

Individual Best Times (All Time)

Stian Howard - (545756) - Banchory Beavers ASC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.03	328	F	14/02/15	Elgin ASC Spring Meet	Buckie	South Aberde	2
33.31	292	F	22/09/13	2013 Stirling Autumn Meet	Stirling	Banchory	2
33.32	292	H	05/05/12	Westhill EnQuest Invitation Meet	Westhill	Banchory	2
33.69	282		24/11/12	Upper Deeside Challenge 2012	Deeside	Banchory	2
33.69	282		24/11/12	Upper Deeside Challenge 2012	Deeside	Banchory	2
33.69	282	H	04/05/13	Westhill Invitational Meet 2013	Westhill	Banchory	2
33.98	275		23/11/13	Upper Deeside Challenge 2013	Deeside	Banchory	2
35.09	250		23/09/12	2012 Stirling Autumn Meet	Stirling	Banchory	2
36.44	223		02/10/11	Stirling Autumn Meet	Stirling	Banchory	2
38.61	187	F	12/09/10	Garioch Open 200 Meet	Inverurie	Banchory	2
38.96	182		20/11/10	Upper Deeside Challenge	Aboyne	Banchory	2
44.11	125		20/09/08	Westhill Minnows Meet	Westhill	Banchory	2
44.15	125		20/09/08	Westhill Minnows Meet	Westhill	Banchory	2

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