

Individual Best Times (All Time)

Annabel Speers - (542743) - Basildon and Phoenix SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:00.42	456	H	29/11/15	Bexley Short Course Open	Bexleyheath		3
5:00.66	455	H	11/10/15	The Alan Mitchell Memorial County Qualifier	Thurrock		3
5:04.77	437	H	18/10/14	The Alan Mitchell Memorial County Qualifier	Grays		3
5:15.20	395	H	30/11/13	Thurrock County Qualifier	Thurrock	Thurrock	3
5:18.95	381	H	13/10/13	Thurrock SC Season Opener & Club Champs	Thurrock	Thurrock	3
5:36.34	325	H	12/05/13	Thurrock SC One Day Regional Meet	Thurrock	Thurrock	3
5:41.63	310	H	15/12/12	Braintree & Bocking Cristmas Cracker	Braintree	Thurrock	3
5:46.83	296	H	01/12/12	Thurrock SC County Qualifier	Thurrock	Thurrock	3
5:56.46	273	H	15/01/12	Thurrock Last Chance County Qualifier	Thurrock	Thurrock	3
5:59.07	267	H	06/11/11	Thurrock SC County Qualifier 2011	Grays	Thurrock	3
6:06.04	252	H	13/05/12	Thurrock One Day Regional Qualifier	Thurrock	Thurrock	3
6:10.68	242	H	21/10/12	Thurrock SC Club Championships	Grays	Thurrock	4

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5:59.07 267

H

06/11/11 Thurrock SC County Qualifier 2011

Grays

Thurrock

3