

Individual Best Times (All Time)

James Elmer - (541001) - Trowbridge ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:52.83	380	H	24/02/13	Wiltshire County Championships	Swindon	Trowbridge	2
4:58.97	357	H	18/03/12	Wiltshire County Championships	Swindon	Trowbridge	2
5:36.10	251		21/02/10	Somerset County Champs	Hutton Moor	Trowbridge	2

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