

Individual Best Times (All Time)

Sian Jones - (539974) - Trafford Metro Bor SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:15.98	533	H	09/03/14	Bedfordshire Age Group & County Champs	Luton	Biggleswade	2
2:16.35	529	H	03/03/13	Bedfordshire County Championships	Luton	Biggleswade	2
2:16.76	524	F	10/05/15	Mid Beds Swim Squad Level 3 Open Meet	Biggleswade	Biggleswade	3
2:16.87	523	H	27/10/13	Flitwick Dolphins SC Open Meet	Biggleswade	Biggleswade	3
2:17.20	519	H	25/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade	Biggleswade	3
2:17.56	515	H	12/07/15	City of Cambridge July Open	Cambridge	Biggleswade	3
2:18.40	506	H	26/10/14	Flitwick Dolphins Open Meet	Biggleswade	Biggleswade	3
2:18.90	500	H	30/10/16	Flitwick Dolphins Open Meet 2016	Biggleswade	Biggleswade	3
2:18.94	500	F	24/01/15	Biggleswade 16th Open Meet	Biggleswade	Biggleswade	3
2:19.27	496	F	18/06/16	Biggleswade 17th Open Meet	Biggleswade	Biggleswade	3
2:19.62	493	H	08/11/15	ASA East Region Winter Championships 2015	Luton	Biggleswade	2
2:19.68	492	F	19/10/13	Biggleswade Club Championships	Biggleswade	Biggleswade	4
2:19.86	490	F	11/05/14	Mid Beds Swim Squad L2 Open Meet	Biggleswade	Biggleswade	2
2:19.89	490	F	01/11/14	Biggleswade Club Championships	Biggleswade	Biggleswade	4
2:20.14	487	F	13/03/16	Mid Beds Swim Squad Level 2 Open Meet	Biggleswade	Biggleswade	2
2:20.38	485	H	12/05/13	Mid Beds Swim Squad 3rd Open Meet	Biggleswade	Biggleswade	2
2:20.84	480	F	24/06/17	Biggleswade 18th Open Meet	Biggleswade	Biggleswade	3
2:21.14	477	H	20/03/22	City of Cambridge Level 3 Meet	Cambridge	Co Cambridge	3
2:21.43	474	H	13/05/12	Mid Beds Open Meet	Biggleswade	Biggleswade	2
2:21.98	468	F	20/01/13	Biggleswade SC 14th Open meet	Biggleswade	Biggleswade	3
2:22.25	466	H	28/10/12	Flitwick Dolphins Open Meet	Flitwick	Biggleswade	3
2:22.83	460	H	14/07/13	City of Cambridge Summer Open Meet	Cambridge	Biggleswade	3
2:23.41	455	H	26/11/23	City of Cambridge Club Champs 2023	Cambridge	Co Cambridge	4
2:23.62	453	H	11/03/12	Bedfordshire County Championships	Biggleswade	Biggleswade	2
2:23.77	451	F	09/02/13	Biggleswade Club Championships	Biggleswade	Biggleswade	4
2:23.77	451	F	09/02/13	Biggleswade Club Championships	Biggleswade	Biggleswade	4
2:23.83	450	F	10/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Biggleswade	3

2:23.92	450	F	19/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Biggleswade	3
2:25.51	435	F	16/01/16	Biggleswade 2015 Club Championships	Biggleswade	Biggleswade	4
2:28.09	413		27/11/11	City of Leicester Distance Meet	Braunstone	Biggleswade	2
2:29.38	402	F	21/01/12	Biggleswade Open Meet	Biggleswade	Biggleswade	3
2:32.54	378	H	22/05/11	Mid Beds Open Meet	Biggleswade	Biggleswade	2
2:32.64	377	H	23/10/11	Flitwick Dolphins Open Meet	Biggleswade	Biggleswade	3
2:32.68	377	F	29/10/11	Biggleswade SC Club Championships	Biggleswade	Biggleswade	4
2:37.15	345	H	20/03/11	Bedfordshire County Championships	Biggleswade	Biggleswade	2
2:45.95	293		22/01/11	Biggleswade 12th Open Meet	Biggleswade	Biggleswade	3
2:46.30	291		05/12/10	Leicester Distance Meet	Braunstone	Biggleswade	2
2:49.15	277	H	17/10/10	Flitwick Dolphins Open Meet	Biggleswade	Biggleswade	3
3:02.91	219		24/04/10	Newmarket 2nd Open Meet	Newmarket	Biggleswade	3
3:20.29	167		31/10/09	Biggleswade Club Champs	Biggleswade	Biggleswade	4

Swims in Date Order

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24/04/10 Newmarket 2nd Open Meet
31/10/09 Biggleswade Club Champs

Newmarket
Biggleswade

Biggleswade
Biggleswade