

# Individual Best Times (All Time)

Sophie Spencer - (539817) - Haslemere Swimming Club - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:02.73	514	F	20/11/16	Guildford L2 Winter Qualifier Champs	Guildford	Portsmouth N	2
1:03.01	507	F	28/06/14	Haslemere SC Club Championships 2014	Haslemere	Haslemere	4
1:03.13	504	H	15/02/15	Surrey Age Group Championships	Guildford	Haslemere	2
1:03.38	498	F	15/02/15	Surrey Age Group Championships	Guildford	Haslemere	2
1:04.48	473	H	31/01/16	Hampshire County Swimming Championships 2016	Waterlooville	Portsmouth N	2
1:04.76	467	F	12/11/16	NASLS Round 2	High Wycombe	Portsmouth N	3
1:04.90	464	H	31/01/16	Hampshire County Swimming Championships 2016	Waterlooville	Portsmouth N	2
1:05.55	450	F	22/03/14	BG Surrey County Championships	Guildford	Haslemere	2
1:06.06	440	F	07/10/13	Haslemere SC Club Championships	Surrey	Haslemere	4
1:06.10	439	H	22/03/14	BG Surrey County Championships	Guildford	Haslemere	2
1:06.55	430	F	07/07/13	Haslemere Summer Open Meet	Haslemere	Haslemere	3
1:06.68	427	F	10/12/16	NASLS - Round 3	Aldershot	Portsmouth N	3
1:06.90	423	H	02/11/13	Rushmoor Royals November L2 Sprint Meet	Guildford	Haslemere	2
1:07.38	414	F	30/09/16	PNSC Club Championships 2016	Portsmouth	Portsmouth N	4
1:07.84	406	F	01/12/13	Haslemere Christmas Open Meet	Haslemere	Haslemere	3
1:08.32	397	F	25/09/15	Portsmouth Northsea Club Championships 2015	Portsmouth	Portsmouth N	4
1:31.73	164	F	10/10/11	Haslemere Club Championships	Haslemere	Haslemere	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.68	427	F	10/12/16	NASLS - Round 3	Aldershot	Portsmouth N	3
1:02.73	514	F	20/11/16	Guildford L2 Winter Qualifier Champs	Guildford	Portsmouth N	2
1:04.76	467	F	12/11/16	NASLS Round 2	High Wycombe	Portsmouth N	3
1:07.38	414	F	30/09/16	PNSC Club Championships 2016	Portsmouth	Portsmouth N	4
1:04.48	473	H	31/01/16	Hampshire County Swimming Championships 2016	Waterlooville	Portsmouth N	2
1:04.90	464	H	31/01/16	Hampshire County Swimming Championships 2016	Waterlooville	Portsmouth N	2

1:08.32	397	F	25/09/15	Portsmouth Northsea Club Championships 2015	Portsmouth	Portsmouth N	4
1:03.38	498	F	15/02/15	Surrey Age Group Championships	Guildford	Haslemere	2
1:03.13	504	H	15/02/15	Surrey Age Group Championships	Guildford	Haslemere	2
1:03.01	507	F	28/06/14	Haslemere SC Club Championships 2014	Haslemere	Haslemere	4
1:05.55	450	F	22/03/14	BG Surrey County Championships	Guildford	Haslemere	2
1:06.10	439	H	22/03/14	BG Surrey County Championships	Guildford	Haslemere	2
1:07.84	406	F	01/12/13	Haslemere Christmas Open Meet	Haslemere	Haslemere	3
1:06.90	423	H	02/11/13	Rushmoor Royals November L2 Sprint Meet	Guildford	Haslemere	2
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