

Individual Best Times (All Time)

Sophie Spencer - (539817) - Haslemere Swimming Club - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.67	449	F	14/02/15	Surrey Age Group Championships	Guildford	Haslemere	2
1:12.28	437	H	14/02/15	Surrey Age Group Championships	Guildford	Haslemere	2
1:12.32	437	F	20/11/16	Guildford L2 Winter Qualifier Champs	Guildford	Portsmouth N	2
1:12.47	434	F	16/03/14	British Gas Surrey Age Group Championships	Guildford	Haslemere	2
1:12.76	429	H	16/03/14	British Gas Surrey Age Group Championships	Guildford	Haslemere	2
1:14.63	397	H	02/11/13	Rushmoor Royals November L2 Sprint Meet	Guildford	Haslemere	2
1:14.72	396	H	30/01/16	Hampshire County Swimming Championships 2016	Waterlooville	Portsmouth N	2
1:15.69	381	F	21/09/14	The Royals Open Meet 2014	Walton on Thames	Haslemere	3
1:15.91	378	F	06/10/13	Haslemere SC Club Championships	Surrey	Haslemere	4
1:16.46	369	F	09/06/14	Haslemere SC Club Championships 2014	Haslemere	Haslemere	4
1:16.79	365	F	01/10/16	PNSC Club Championships 2016	Portsmouth	Portsmouth N	4
1:16.90	363	F	01/12/13	Haslemere Christmas Open Meet	Haslemere	Haslemere	3
1:17.13	360	F	07/07/13	Haslemere Summer Open Meet	Haslemere	Haslemere	3
1:18.52	341	F	26/09/15	Portsmouth Northsea Club Championships 2015	Portsmouth	Portsmouth N	4
1:37.04	180	F	09/10/11	Haslemere Club Championships	Haslemere	Haslemere	4

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