

Individual Best Times (All Time)

Sophie Spencer - (539817) - Haslemere Swimming Club - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.59	388	F	07/10/13	Haslemere SC Club Championships	Surrey	Haslemere	4
34.83	380	F	30/09/16	PNSC Club Championships 2016	Portsmouth	Portsmouth N	4
35.20	369	F	20/09/14	The Royals Open Meet 2014	Walton on Thames	Haslemere	3
35.38	363	F	06/07/13	Haslemere Summer Open Meet	Haslemere	Haslemere	3
35.70	353	F	28/06/14	Haslemere SC Club Championships 2014	Haslemere	Haslemere	4
35.90	347	F	25/09/15	Portsmouth Northsea Club Championships 2015	Portsmouth	Portsmouth N	4
36.20	339	H	02/11/13	Rushmoor Royals November L2 Sprint Meet	Guildford	Haslemere	2
37.11	315	F	01/12/13	Haslemere Christmas Open Meet	Haslemere	Haslemere	3
37.76	299	F	11/11/12	Dorking SC Open Meet	Dorking	Haslemere	3
38.45	283	F	25/11/12	Guildford City SC Open Meet	Guildford	Haslemere	2
40.35	245	F	08/10/12	Haslemere SC Club Championships	Haslemere	Haslemere	4
40.49	242	F	07/07/12	Haslemere SC Summer Open Meet	Haslemere	Haslemere	3
40.90	235	F	02/12/12	Haslemere Christmas Level 3 Open Meet	Haslemere	Haslemere	3
42.26	213	F	04/12/11	Haslemere Christmas Level 3 Meet	Haslemere	Haslemere	3
42.75	206	F	10/10/11	Haslemere Club Championships	Haslemere	Haslemere	4

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