

Individual Best Times (All Time)

Nicholas Ross - (533679) - Alton & District Swimming Club - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:59.84	298	F	16/06/18	Alton & District Club Championship	Alton	Alton & Dist	4
3:16.52	228	F	09/09/17	Alton District Club Championships	Alton	Alton & Dist	4
3:21.34	212	H	26/06/16	Hampshire & IOW SSA Annual Swimming Gala 2016	Portsmouth		2
3:27.03	195	F	10/09/16	Alton District Club Championships	Alton	Alton & Dist	4
3:33.52	178	F	21/11/15	Alton & District SC Autumn Club Championships	Alton	Alton & Dist	4
3:38.01	167	H	07/02/15	Rushmoor Royals Last Chance Open Meet	Aldershot	Alton & Dist	3
3:42.67	157	F	01/11/14	Alton & District Club Championships	Alton	Alton & Dist	4
3:45.81	150	H	06/12/14	The Bracknell Winter Level 3 Open Meet	Bracknell	Alton & Dist	3
3:49.76	143	H	22/11/14	Peter Bull Open Meet	Waterlooville	Alton & Dist	3
3:54.76	134	H	29/06/14	Fareham Nomads Summer Open Meet	Waterlooville	Alton & Dist	3
4:04.43	118		02/11/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4

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