

Individual Best Times (All Time)

Nicholas Ross - (533679) - Alton & District Swimming Club - 400 Individual Medley - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:45.76	313	F	16/06/18	Alton & District Club Championship	Alton	Alton & Dist	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:45.76	313	F	16/06/18	Alton & District Club Championship	Alton	Alton & Dist	4