Individual Best Times (All Time)

Nicholas Ross - (533679) - Alton & District Swimming Club - 50 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

153 148	Н	14/02/16				
148			Fareham Nomads Valentines Meet 2016	Waterlooville	Alton & Dist	3
	F	10/09/16	Alton District Club Championships	Alton	Alton & Dist	4
124	Н	23/11/14	Peter Bull Open Meet	Waterlooville	Alton & Dist	3
116	F	26/04/15	Haslemere B Grade	Haslemere	Alton & Dist	3
115	F	28/11/15	Alton & District SC Autumn Club Championships	Alton	Alton & Dist	4
113	F	13/04/14	Haslemere Junior B Grade Meet	Haslemere	Alton & Dist	3
111	Н	26/01/14	Fareham Nomads January Open Meet 2014	Waterlooville	Alton & Dist	3
109	F	18/01/14	Woking SC Hants & South Coast Meet	Woking	Alton & Dist	4
107	Н	12/07/14	Hampshire County Development Meet	Waterlooville	Alton & Dist	3
104	Н	01/12/13	HVWS Peter Bull Open Meet	Waterlooville	Alton & Dist	3
90		19/10/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
84		07/07/13	Hampshire County Development Meet	Southampton	Alton & Dist	3
65		17/11/12	Alton & District Club Championships	Alton	Alton & Dist	4
46		01/10/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
20		26/09/09	Alton & Dist Club Champs	Alton	Alton & Dist	4
	124 116 115 113 111 109 107 104 90 84 65 46	124 H 116 F 115 F 113 F 111 H 109 F 107 H 104 H 90 84 65 46	124 H 23/11/14 116 F 26/04/15 115 F 28/11/15 113 F 13/04/14 111 H 26/01/14 109 F 18/01/14 107 H 12/07/14 104 H 01/12/13 90 19/10/13 84 07/07/13 65 17/11/12 46 01/10/11	124 H 23/11/14 Peter Bull Open Meet 116 F 26/04/15 Haslemere B Grade 115 F 28/11/15 Alton & District SC Autumn Club Championships 113 F 13/04/14 Haslemere Junior B Grade Meet 111 H 26/01/14 Fareham Nomads January Open Meet 2014 109 F 18/01/14 Woking SC Hants & South Coast Meet 107 H 12/07/14 Hampshire County Development Meet 104 H 01/12/13 HVWS Peter Bull Open Meet 90 19/10/13 Alton & District Autumn Winter Club Champs 84 07/07/13 Hampshire County Development Meet 65 17/11/12 Alton & District Club Championships 46 01/10/11 Alton & District Autumn Club Championships	124 H 23/11/14 Peter Bull Open Meet Waterlooville 116 F 26/04/15 Haslemere B Grade Haslemere 115 F 28/11/15 Alton & District SC Autumn Club Championships Alton 113 F 13/04/14 Haslemere Junior B Grade Meet Haslemere 111 H 26/01/14 Fareham Nomads January Open Meet 2014 Waterlooville 109 F 18/01/14 Woking SC Hants & South Coast Meet Woking 107 H 12/07/14 Hampshire County Development Meet Waterlooville 104 H 01/12/13 HVWS Peter Bull Open Meet Waterlooville 90 19/10/13 Alton & District Autumn Winter Club Champs Alton 84 07/07/13 Hampshire County Development Meet Southampton 65 17/11/12 Alton & District Club Championships Alton 46 01/10/11 Alton & District Autumn Club Championships Alton	Haslemere B Grade Haslemere B Grade Haslemere Alton & Dist F 26/04/15 Haslemere B Grade Haslemere Alton & Dist F 28/11/15 Alton & District SC Autumn Club Championships Alton Alton & Dist Haslemere Alton & Dist Haslemere Alton & Dist Haslemere Alton & Dist Haslemere Junior B Grade Meet Haslemere Alton & Dist Haslemere Alton & Dist Haslemere Alton & Dist Waterlooville Alton & Dist Waterlooville Alton & Dist Haslon'/ Hampshire County Development Meet Waterlooville Alton & Dist Humpshire County Development Meet Waterlooville Alton & Dist Hoff Hoff Alton & District Autumn Winter Club Champs Alton Alton & Dist Hampshire County Development Meet Southampton Alton & Dist Alton & Dist Alton & Dist Alton & District Autumn Club Championships Alton Alton & Dist Alton & Dist Alton & Dist Alton & District Alton & District Alton & District Alton & Dist Alton & Dist

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
41.77	148	F	10/09/16	Alton District Club Championships	Alton	Alton & Dist	4
41.28	153	Н	14/02/16	Fareham Nomads Valentines Meet 2016	Waterlooville	Alton & Dist	3
45.46	115	F	28/11/15	Alton & District SC Autumn Club Championships	Alton	Alton & Dist	4
45.27	116	F	26/04/15	Haslemere B Grade	Haslemere	Alton & Dist	3
44.30	124	Н	23/11/14	Peter Bull Open Meet	Waterlooville	Alton & Dist	3
46.53	107	Н	12/07/14	Hampshire County Development Meet	Waterlooville	Alton & Dist	3
45.70	113	F	13/04/14	Haslemere Junior B Grade Meet	Haslemere	Alton & Dist	3
46.00 Copyright 202	111 4	Н	26/01/14	Fareham Nomads January Open Meet 2014	Waterlooville	Alton & Dist Powered By SPORT	3 FSYSTEMS

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46.15	109	F	18/01/14	Woking SC Hants & South Coast Meet	Woking	Alton & Dist	4
46.95	104	Н	01/12/13	HVWS Peter Bull Open Meet	Waterlooville	Alton & Dist	3
49.19	90		19/10/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
50.37	84		07/07/13	Hampshire County Development Meet	Southampton	Alton & Dist	3
54.89	65		17/11/12	Alton & District Club Championships	Alton	Alton & Dist	4
1:01.48	46		01/10/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
1:21.44	20		26/09/09	Alton & Dist Club Champs	Alton	Alton & Dist	4

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