

Individual Best Times (All Time)

Jamie Ayres - (533346) - Hemel Hempstead SC - 400 Freestyle - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:17.89	177	F	10/12/12	Hemel Hempstead Middle Distance Champs	Hemel Hempstead	Hemel Hemp	4

Swims in Date Order

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