

Individual Best Times (All Time)

Nicola Pasquire - (533247) - Team Luton Swimming - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:05.20	683	H	03/03/13	Bedfordshire County Championships	Luton	Bedford SS	2
2:06.25	667	C	11/07/15	Hatfield Summer Spectacle	Hatfield	Team Luton	3
2:07.19	652	H	09/05/15	Team Luton Skills Challenge 2015	Luton		4
2:07.33	650	H	24/10/15	Team Luton Autumn Short Course Meet	Luton		3
2:07.65	645	H	08/11/15	ASA East Region Winter Championships 2015	Luton		2
2:07.94	640	F	08/11/15	ASA East Region Winter Championships 2015	Luton		2
2:08.00	640	H	09/03/14	Bedfordshire Age Group & County Champs	Luton	Bedford SS	2
2:08.45	633	H	13/05/12	Mid Beds Open Meet	Biggleswade	Bedford SS	2
2:08.72	629	H	11/07/15	Hatfield Summer Spectacle	Hatfield	Team Luton	3
2:08.85	627	F	28/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Bedford SS	2
2:08.86	627	F	23/06/12	Milton Keynes End of Season Meet	Bletchley	Bedford SS	3
2:08.92	626	H	11/03/12	Bedfordshire County Championships	Biggleswade	Bedford SS	2
2:08.93	626	H	19/09/15	Team Luton Club Championships 2015 2016	Luton		3
2:08.96	625	H	22/11/15	Golden Eagle Meet 2015	Bletchley		2
2:09.68	615	F	22/11/15	Golden Eagle Meet 2015	Bletchley		2
2:09.71	615	H	01/12/12	ASA East Region Winter Championships	Cambridge	Bedford SS	2
2:09.73	614	F	01/12/12	ASA East Region Winter Championships	Cambridge	Bedford SS	2
2:10.07	609	F	20/12/14	City of Peterborough County Qualifier Open Meet	Peterborough	Bedford SS	3
2:11.03	596	H	07/12/14	ASA East Region Winter Championships	Luton		2
2:11.03	596	H	10/01/15	City of Cambridge Winter Open Short Course	Parkside		2
2:11.07	596	F	20/11/11	City of Milton Keynes 502400's Meet	Bletchley	Bedford SS	2
2:11.16	594	H	03/10/15	ESSA Inter-Divisional Championships	Leeds		2
2:11.95	584	H	22/05/11	Mid Beds Open Meet	Biggleswade	Bedford SS	2
2:12.51	576		27/11/11	City of Leicester Distance Meet	Braunstone	Bedford SS	2
2:13.01	570	H	03/12/11	BG East Region Winter Championships	Norwich	Bedford SS	2
2:13.14	568	H	20/03/11	Bedfordshire County Championships	Biggleswade	Bedford SS	2
2:14.16	555		27/11/11	City of Leicester Distance Meet	Braunstone	Bedford SS	2

2:14.16	555		27/11/11	City of Leicester Distance Meet	Braunstone	Bedford SS	2
2:15.21	543	F	26/06/16	Hatfield Golden Jubilee Gala	Hatfield	Team Luton	2
2:16.88	523		22/01/11	Biggleswade 12th Open Meet	Biggleswade	Bedford SS	3
2:17.25	519	H	15/05/11	Hatfield UK Challenge 2011	Hatfield	Bedford SS	2
2:18.14	509	F	09/04/11	City of Milton Keynes Spring Open Gala	Bletchley	Bedford SS	2
2:18.59	504		23/04/11	City of Birmingham 18th Easter Level 2 Mee	Birmingham	Bedford SS	2
2:21.14	477	F	21/11/10	Milton Keynes November Meet	Bletchley	Bedford SS	2
2:23.72	452	H	21/03/10	Bedfordshire Champs	Biggleswade	Bedford SS	2
2:24.85	441		26/06/10	City of Milton Keynes	Milton Keynes	Bedford SS	3
2:30.26	395	H	16/01/10	City of Cambridge Open	Cambridge	Bedford SS	2
2:34.33	365		22/11/09	Milton Keynes 502400 Open	Milton Keynes	Bedford SS	2
2:34.74	362		04/10/09	Leicester Penguins Open	Braunstone	Bedford SS	2
2:35.68	355	H	29/03/09	Bedfordshire Champs	Biggleswade	Bedford SS	2
2:37.43	344		15/11/09	Leighton Buzzard A Grade	Milton Keynes	Bedford SS	2
2:38.67	336		04/04/09	City of Peterborough Meet	Peterborough	Bedford SS	2
2:50.63	270	H	17/01/09	City of Cambridge SC Meet	Cambridge	Bedford SS	2
2:55.20	249		16/11/08	Milton Keynes Open Meet	Stantonbury	Bedford SS	2
2:56.24	245		01/11/08	Leighton Buzzard A Grade	Milton Keynes	Bedford SS	2
3:00.36	228	H	20/07/08	Cambridge Summer Open	Cambridge	Bedford SS	4
3:02.84	219		05/07/08	CMK End of Season Meet	Milton Keynes	Bedford SS	3

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