

Individual Best Times (All Time)

Nicola Pasquire - (533247) - Team Luton Swimming - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.56	556	H	12/03/16	Team Luton Club Championships 2015 2016	Luton	Team Luton	3
2:26.19	538	F	24/06/12	Milton Keynes End of Season Meet	Bletchley	Bedford SS	3
2:28.83	510	H	25/02/12	Bedfordshire County Championships	Biggleswade	Bedford SS	2
2:29.45	504	H	10/06/17	Team Luton Club Championships 2016 17	Luton	Team Luton	4
2:32.13	477	H	13/05/12	Mid Beds Open Meet	Biggleswade	Bedford SS	2
2:33.02	469	H	27/06/15	Team Luton Skills Challenge	Luton		4
2:34.50	456	H	01/12/12	ASA East Region Winter Championships	Cambridge	Bedford SS	2
2:35.34	448	H	05/03/11	Bedfordshire County Championships	Biggleswade	Bedford SS	2
2:35.85	444		23/01/11	Biggleswade 12th Open Meet	Biggleswade	Bedford SS	3
2:40.08	410	F	20/11/10	Milton Keynes November Meet	Bletchley	Bedford SS	2
2:45.71	369	H	06/03/10	Bedfordshire Champs	Biggleswade	Bedford SS	2
2:45.86	368		25/04/10	City of Milton Keynes	Milton Keynes	Bedford SS	2
2:49.24	347		04/12/10	Leicester Distance Meet	Braunstone	Bedford SS	2
2:53.54	321	H	17/01/10	City of Cambridge Open	Cambridge	Bedford SS	2
2:57.28	301		21/11/09	Milton Keynes 502400 Open	Milton Keynes	Bedford SS	2
2:57.59	300		03/10/09	Leicester Penguins Open	Braunstone	Bedford SS	2
2:57.74	299	H	14/03/09	Bedfordshire Champs	Biggleswade	Bedford SS	2
3:02.96	274		26/04/09	City of Milton Keynes Mt	Milton Keynes	Bedford SS	2

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