

Individual Best Times (All Time)

Solomon Mhar - (531740) - Trafford Metro Bor SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:31.12	502	F	20/12/15	Swim Trafford Christmas Meet	Sale	Trafford Met	4
2:42.87	401	H	19/10/13	Greater Manchester Autumn Meet 2013	Manchester	SwimTrafford	3
2:43.47	397	H	30/11/13	Cumbria S & WPA Interassociation	Blackpool	SwimTrafford	2
2:46.47	376	H	16/11/13	Stafford Apex Open Meet	Stafford	SwimTrafford	2
2:47.02	372	H	23/06/13	Preston Guild Summer Spectacular Meet	Darwen	SwimTrafford	3
2:51.70	342	H	13/01/13	Bolton & Manchester District Age Group	Manchester	SwimTrafford	3
2:53.03	334	H	28/04/13	Satellites of Macclesfield 26th Open Meet	Macclesfield	SwimTrafford	2
2:57.03	312	H	20/10/12	Bolton & Manchester Championships 2012	Manchester	SwimTrafford	3
3:02.09	287	F	21/04/13	Trafford Metro Swim Club Pointscore 2013	Sale	SwimTrafford	4
3:04.45	276	H	17/11/12	North Lancs Inter Association Meet	Blackpool	SwimTrafford	2
3:15.97	230	H	04/03/12	Cheshire County Championships	Macclesfield	SwimTrafford	2
3:22.55	208	H	15/01/12	Bolton & Manchester Age Groups	Manchester	SwimTrafford	3
3:28.28	192	H	26/03/11	Cheshire County Championships	Macclesfield	SwimTrafford	2
3:31.01	184	H	16/01/11	Bolton & Manchester District Age Groups	Manchester	SwimTrafford	3
3:48.75	144	H	10/01/10	Bolton & Manchester AG Champs	Manchester	SwimTrafford	3

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