

Individual Best Times (All Time)

Solomon Mhar - (531740) - Trafford Metro Bor SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.78	440	H	17/12/23	Satellites Last Chance County Qualifier 2023	Macclesfield	Trafford Met	3
33.47	414	F	20/12/15	Swim Trafford Christmas Meet	Sale	Trafford Met	4
33.58	410	H	20/12/14	Trafford Borough Christmas Sprint Meet	Stretford	Trafford Met	3
33.86	400	H	26/10/14	City of Leeds Grand Prix	Leeds		2
35.73	340	F	16/06/13	Retford SC Annual Open Meet	Sheffield	SwimTrafford	3
36.10	330	H	28/09/13	Greater Manchester Autumn Meet 2013	Manchester	SwimTrafford	3
36.27	325	H	22/06/13	Preston Guild Summer Spectacular Meet	Darwen	SwimTrafford	3
36.52	318	F	27/04/14	Trafford Metro Olympian Point Score Results	Sale	Trafford Met	4
37.53	293	H	26/01/13	Bolton & Manchester District Age Group Com	Manchester	SwimTrafford	3
38.71	267	H	28/04/13	Satellites of Macclesfield 26th Open Meet	Macclesfield	SwimTrafford	2
39.15	258	H	21/10/12	Bolton & Manchester Championships 2012	Manchester	SwimTrafford	3
42.39	203	H	03/03/12	Cheshire County Championships	Macclesfield	SwimTrafford	2
42.99	195	H	29/01/12	Bolton & Manchester District Age Group Meet	Manchester	SwimTrafford	3
45.48	165	H	16/10/11	Manchester & District Assoc Swimming Champ	Manchester	SwimTrafford	3
47.49	145	H	30/01/11	Bolton & Manchester Age Group Gala	Manchester	SwimTrafford	3
49.39	128	H	21/11/10	Cheshire Junior Graded	Macclesfield	SwimTrafford	3
51.43	114	H	06/12/09	Bolton Metro Xmas Sprint	Bury	SwimTrafford	3
51.50	113	H	22/11/09	Cheshire County Junior Mt	Macclesfield	SwimTrafford	3
52.42	107	H	24/01/10	Bolton & Manchester AG Champs	Manchester	SwimTrafford	3
55.87	89	H	10/05/09	Manchester & District Chmp	Bury	SwimTrafford	2

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