

Individual Best Times (All Time)

Cara Elliott - (527016) - Warrender Baths Club - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:36.04	442	H	16/11/14	COAST Grand Prix	Aberdeen	Warrender Ba	1
2:37.91	427		03/12/13	SASA East District Age Groups Round 2	Glenrothes	Warrender Ba	1
2:38.88	419	H	02/12/14	SASA East District AG Round 2	Glenrothes	Warrender Ba	1
2:40.03	410		12/10/13	Hearts & Best Premier Age Group Meet	Prestonpans	Warrender Ba	2
2:42.76	390		19/05/13	Swim West Lothian IM Tough 2013	Bathgate	Warrender Ba	2
2:44.19	380		13/10/12	Hearts Premier Age Group Meet 2012	Prestonpans	Warrender Ba	2
2:44.26	379	F	21/09/14	Warrender 200's Championships	Edinburgh	Warrender Ba	2
2:44.35	379		04/12/12	SASA East Dist Age Groups Round 2	Bathgate	Warrender Ba	2
2:44.43	378		27/05/12	Incas Distance Gala 2012	Glenrothes	Warrender Ba	2
2:45.46	371	F	26/10/13	Carnegie Winter Meet 2013	Glenrothes	Warrender Ba	2
2:45.78	369	F	05/05/12	Carnegie SO Long Meet	Glenrothes	Warrender Ba	2
2:50.28	340		06/12/11	SASA East District Age Groups	Glenrothes	Warrender Ba	1
2:52.44	328	F	14/01/12	South Aberdeenshire Junior Meet	Westhill	Warrender Ba	2
3:06.73	258		06/11/10	East District Champs	Glenrothes	Warrender Ba	1
3:08.49	251	F	09/10/10	Hearts 125 Premier Meet	Prestonpans	Warrender Ba	2

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