

Individual Best Times (All Time)

Kaelah Lawson - (526351) - City Of Milton Keynes - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.24	603	F	09/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
2:24.38	601	F	01/12/18	Ealing Christmas County Qualifier	Northolt LC	Co Milton K	3
2:24.59	598	F	09/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
2:25.23	590	F	03/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
2:25.89	582	F	04/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
2:26.94	570	H	02/11/19	Swim England South East Open Junior Championships	Portsmouth	Co Milton K	2
2:26.99	569	F	16/06/19	CMKSC Summer Open Meet Level 3	Bletchley	Co Milton K	3
2:27.00	569	H	29/06/19	Hatfield Summer Meet 2019	Herts Sports Village	Co Milton K	2
2:27.29	566	F	03/12/16	Maxwell Last Chance Counties December Meet	Aylesbury	Co Milton K	3
2:27.43	564	H	03/11/18	Swim England South East Open & Junior Champs	Portsmouth	Co Milton K	2
2:27.61	562	F	04/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
2:28.46	553	F	25/06/17	Hillingdon Summer Meet	Uxbridge	Co Milton K	2
2:28.83	548	H	30/11/19	Putteridge Winter Short Course County Qualifier	Inspire Luton	Co Milton K	3
2:29.73	539	H	08/10/17	Leicester Penguins 2017 Open Meet	Braunstone	Co Milton K	3
2:30.81	527	H	16/07/16	Team Luton Fast & Furious III Sprint Meet	Luton	Co Milton K	3
2:31.01	525	F	25/06/16	Hatfield Golden Jubilee Gala	Hatfield	Co Milton K	2
2:31.60	519	F	06/02/16	Oxon & North Bucks County Champs	Aylesbury	Co Milton K	2
2:32.04	514	F	08/02/20	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
2:32.08	514	F	24/06/18	2nd Maurice and Daphne Short Course Memorial Meet	Hillingdon		2
2:32.96	505	H	22/10/16	Lincoln Vulcans L2 Short Course Open Meet	Sheffield	Co Milton K	2
2:33.08	504	F	18/06/17	CMKSC Summer Open Meet Level 3	Bletchley		3
2:33.53	500	F	03/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
2:36.17	475	H	07/12/14	ASA East Region Winter Championships	Luton		2
2:37.86	460	H	23/03/14	Bedfordshire Age Group & County Champs	Luton	Bedford SS	2
2:38.73	452	H	25/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade		3
2:39.70	444	H	17/10/15	Lincoln Vulcans Level 2 Open Meet	Sheffield		2
2:41.23	431	F	28/06/14	MSC Tom Dwyer Alternative Nationals	Watford	Bedford SS	2

2:41.30	431	F	20/06/14	WSC Terry Davies Alternative Nationals	Watford	Bedford SS	3
2:42.40	422	F	27/06/15	The Terry Davies Alternative Nationals	Watford	Bedford SS	3
2:42.70	420	H	22/11/15	Golden Eagle Meet 2015	Bletchley		2
2:43.48	414	F	24/11/13	Watford Middle Distance & 50m Sprint Open	Watford	Bedford SS	3
2:46.07	395	F	22/11/15	Golden Eagle Meet 2015	Bletchley		2
2:46.69	390	H	04/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
2:47.20	387	H	10/01/15	City of Cambridge Winter Open Short Course	Parkside		2
2:52.01	355	H	03/03/13	Bedfordshire County Championships	Luton	Bedford SS	2
2:52.04	355	H	06/10/13	Leicester Penguins Open Meet 2013	Braunstone	Bedford SS	3
2:55.26	336	H	11/05/13	Mid Beds Swim Squad 3rd Open Meet	Biggleswade	Bedford SS	2
2:56.23	330	F	20/01/13	Biggleswade SC 14th Open meet	Biggleswade	Bedford SS	3
2:57.72	322	F	22/06/13	CMKSC 11th Annual End of Season	Bletchley	Bedford SS	3
3:04.51	288	F	24/11/12	City of Leicester Distance Meet	Leicester	Bedford SS	2
3:04.74	287	H	17/11/12	Stafford Apex Licensed Meet	Stafford	Bedford SS	2
3:08.43	270	H	28/10/12	Flitwick Dolphins Open Meet	Flitwick	Bedford SS	3
3:11.80	256	H	24/11/12	City of Leicester Distance Meet	Leicester	Bedford SS	2
3:12.53	253		06/10/12	Leicester Penguins 27th Open Meet	Braunstone	Bedford SS	2
3:18.01	233	F	28/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Bedford SS	2
3:18.39	231	F	01/04/12	City of Peterborough Open Meet	Peterborough	Bedford SS	2
3:33.36	186		14/04/12	Rugby SC Open Meet	Rugby	Bedford SS	3
3:41.51	166	F	25/06/11	City of Milton Keynes End of Season Gala	Milton Keynes	Bedford SS	3
3:41.63	166	F	20/11/11	City of Milton Keynes 502400's Meet	Bletchley	Bedford SS	2
3:46.24	156		27/11/11	Norrthgate SC PB Buster 2011	Wolverhampton	Bedford SS	3
3:47.28	154	H	03/12/11	Stafford Apex 2011 Licensed Meet	Stafford	Bedford SS	3
3:57.56	134	F	21/01/12	Biggleswade Open Meet	Biggleswade	Bedford SS	3

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