

# Individual Best Times (All Time)

Kaelah Lawson - (526351) - City Of Milton Keynes - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:22.03	587	F	10/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
2:22.48	581	H	27/10/19	Team Luton Autumn Short Course Open Meet	Inspire; Luton	Co Milton K	3
2:23.46	569	H	21/10/18	Team Luton Autumn Short Course Meet 2018	Inspire Luton Sports	Co Milton K	3
2:23.76	566	H	01/12/19	Putteridge Winter Short Course County Qualifier	Inspire Luton	Co Milton K	3
2:24.38	559	H	02/11/19	Swim England South East Open Junior Championships	Portsmouth	Co Milton K	2
2:24.63	556	F	17/03/18	CMKSC Annual Spring Open Meet	Bletchley		3
2:24.70	555	F	05/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
2:25.21	549	F	18/06/17	CMKSC Summer Open Meet Level 3	Bletchley		3
2:25.48	546	F	24/06/18	2nd Maurice and Daphne Short Course Memorial Meet	Hillingdon		2
2:25.64	544	F	24/06/17	Hillingdon Summer Meet	Uxbridge	Co Milton K	2
2:25.76	543	F	04/12/16	Maxwell Last Chance Counties December Meet	Aylesbury	Co Milton K	3
2:26.72	532	F	16/06/19	CMKSC Summer Open Meet Level 3	Bletchley	Co Milton K	3
2:27.04	529	F	05/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
2:27.04	529	F	05/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
2:28.02	518	F	04/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
2:28.08	518	F	07/02/16	Oxon & North Bucks County Champs	Aylesbury	Co Milton K	2
2:29.03	508	F	26/06/16	Hatfield Golden Jubilee Gala	Hatfield	Co Milton K	2
2:29.63	502	F	09/02/20	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
2:29.93	499	H	30/10/16	Flitwick Dolphins Open Meet 2016	Biggleswade	Co Milton K	3
2:32.61	473	F	05/12/15	Maxwell December 2015 L3 Meet	Aylesbury		3
2:33.57	464	H	02/10/16	Leicester Penguins 2016 Open Meet	Braunstone	Co Milton K	3
2:36.36	440	F	23/11/14	Watford MD & Sprints Open Meet	Watford	Bedford SS	3
2:37.24	432	H	09/03/14	Bedfordshire Age Group & County Champs	Luton	Bedford SS	2
2:37.44	431	F	29/06/14	WSC Terry Davies Alternative Nationals	Watford	Bedford SS	3
2:37.64	429	H	25/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade		3
2:38.64	421	F	21/12/14	City of Peterborough County Qualifier Open Meet	Peterborough	Bedford SS	3
2:39.43	415	F	28/06/15	The Terry Davies Alternative Nationals	Watford	Bedford SS	3

2:39.43	413	F	20/06/13	The Terry Davies Alternative Nationals	Watford	Bedford SS	3
2:39.60	413	H	11/01/15	City of Cambridge Winter Open Short Course	Parkside		2
2:39.77	412	H	03/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
2:41.50	399	F	18/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Bedford SS	3
2:45.19	373	H	11/01/14	City of Cambridge Winter Meet	Cambridge	Bedford SS	2
2:45.29	372	H	06/10/13	Leicester Penguins Open Meet 2013	Braunstone	Bedford SS	3
2:45.53	370	F	23/06/13	CMKSC 11th Annual End of Season	Bletchley	Bedford SS	3
2:50.83	337	H	27/04/13	Team Luton Spring Open Meet 2013	Luton	Bedford SS	3
2:51.41	334	H	17/03/13	Bedfordshire County Championships	Luton	Bedford SS	2
2:57.22	302	H	27/10/12	Flitwick Dolphins Open Meet	Flitwick	Bedford SS	3
3:01.78	280	H	17/11/12	Stafford Apex Licensed Meet	Stafford	Bedford SS	2
3:09.30	248		06/10/12	Leicester Penguins 27th Open Meet	Braunstone	Bedford SS	2
3:12.78	234	F	29/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Bedford SS	2
3:22.01	204		15/04/12	Rugby SC Open Meet	Rugby	Bedford SS	3
3:31.71	177	F	19/11/11	City of Milton Keynes 502400's Meet	Bletchley	Bedford SS	2
3:41.25	155	H	03/12/11	Stafford Apex 2011 Licensed Meet	Stafford	Bedford SS	3
3:46.34	145		27/11/11	Norrtgate SC PB Buster 2011	Wolverhampton	Bedford SS	3

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