

Individual Best Times (All Time)

Kaelah Lawson - (526351) - City Of Milton Keynes - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.14	598	F	02/12/18	Ealing Christmas County Qualifier	Northolt LC	Co Milton K	3
1:05.47	589	F	17/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:05.87	578	H	17/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:06.00	575	H	21/10/18	Team Luton Autumn Short Course Meet 2018	Inspire Luton Sports	Co Milton K	3
1:06.36	565	F	25/06/17	Hillingdon Summer Meet	Uxbridge	Co Milton K	2
1:06.47	563	F	11/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:06.52	561	F	18/06/17	CMKSC Summer Open Meet Level 3	Bletchley		3
1:07.12	546	H	27/10/19	Team Luton Autumn Short Course Open Meet	Inspire; Luton	Co Milton K	3
1:07.53	537	F	14/02/16	Oxon & North Bucks County Champs	Aylesbury	Co Milton K	2
1:07.99	526	H	03/11/19	Swim England South East Open Junior Championships	Portsmouth	Co Milton K	2
1:08.02	525	F	12/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:08.11	523	H	14/02/16	Oxon & North Bucks County Champs	Aylesbury	Co Milton K	2
1:08.19	521	F	24/06/18	2nd Maurice and Daphne Short Course Memorial Meet	Hillingdon		2
1:08.62	511	F	20/11/16	CMK November Open Meet (Level 3)	Milton Keynes		3
1:08.65	511	H	11/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:09.14	500	F	19/11/17	CMKSC Autumn Open Meet (Level 3)	Bletchley		3
1:09.17	499	F	16/07/16	Team Luton Fast & Furious III Sprint Meet	Luton	Co Milton K	3
1:09.32	496	H	06/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Co Milton K	2
1:09.55	491	F	16/06/19	CMKSC Summer Open Meet Level 3	Bletchley	Co Milton K	3
1:09.73	487	H	12/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:09.87	484	F	25/06/16	Hatfield Golden Jubilee Gala	Hatfield	Co Milton K	2
1:10.03	481	F	11/12/16	CMKSC Christmas Cracker Open Meet	Bletchley		3
1:10.29	476	H	16/07/16	Team Luton Fast & Furious III Sprint Meet	Luton	Co Milton K	3
1:10.72	467	H	16/02/20	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:11.05	461	H	22/10/16	Lincoln Vulcans L2 Short Course Open Meet	Sheffield	Co Milton K	2
1:11.24	457	H	23/10/16	ASA National County Teams Division 1	Sheffield	Ox & N Bucks	2
1:11.86	445	H	24/10/15	Eltham & Dalmeida Open Meet 2015	Bishopcleeve		2

1:11.00	443	M	24/10/13	Flitwick Dolphins Open Meet 2013	Biggleswade			
1:12.54	433	F	22/11/15	Golden Eagle Meet 2015	Bletchley			2
1:12.60	432	F	31/10/15	City of Milton Keynes SC Annual 502400's Meet 2015	Milton Keynes			3
1:13.27	420	H	28/03/15	N&BSC Delia Reynolds "Speed Preparation"	Nuneaton			3
1:13.48	416	F	28/06/14	WSC Terry Davies Alternative Nationals	Watford		Bedford SS	3
1:13.71	412	H	17/10/15	Lincoln Vulcans Level 2 Open Meet	Sheffield			2
1:13.96	408	H	22/11/15	Golden Eagle Meet 2015	Bletchley			2
1:14.52	399	F	19/12/14	City of Peterborough County Qualifier Open Meet	Peterborough		Bedford SS	3
1:14.89	393	F	27/06/15	The Terry Davies Alternative Nationals	Watford		Bedford SS	3
1:14.94	392	F	25/01/15	Biggleswade 16th Open Meet	Biggleswade		Bedford SS	3
1:15.92	377	H	22/03/14	Bedfordshire Age Group & County Champs	Luton		Bedford SS	2
1:15.97	377	H	03/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge			2
1:16.72	366	H	11/07/15	Hatfield Summer Spectacle	Hatfield		Bedford SS	3
1:16.92	363	F	19/01/14	Biggleswade SC 15th Open Meet	Biggleswade		Bedford SS	3
1:17.82	350	H	01/12/13	Nuneaton & Bedworth Winter Meet	Nuneaton		Bedford SS	2
1:18.27	344	H	11/01/14	City of Cambridge Winter Meet	Cambridge		Bedford SS	2
1:18.46	342	H	10/01/15	City of Cambridge Winter Open Short Course	Parkside			2
1:18.92	336	F	22/06/13	CMKSC 11th Annual End of Season	Bletchley		Bedford SS	3
1:19.76	325	H	06/10/13	Leicester Penguins Open Meet 2013	Braunstone		Bedford SS	3
1:24.17	277	H	27/04/13	Team Luton Spring Open Meet 2013	Luton		Bedford SS	3
1:24.61	273	H	11/05/13	Mid Beds Swim Squad 3rd Open Meet	Biggleswade		Bedford SS	2
1:27.00	251	F	20/01/13	Biggleswade SC 14th Open meet	Biggleswade		Bedford SS	3
1:29.92	227	H	28/10/12	Flitwick Dolphins Open Meet	Flitwick		Bedford SS	3
1:32.76	207	H	25/08/12	Sheffield City 2012 Open Sprints Meet	Sheffield		Bedford SS	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:10.72	467	H	16/02/20	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:07.99	526	H	03/11/19	Swim England South East Open Junior Championships	Portsmouth	Co Milton K	2
1:07.12	546	H	27/10/19	Team Luton Autumn Short Course Open Meet	Inspire; Luton	Co Milton K	3
1:09.55	491	F	16/06/19	CMKSC Summer Open Meet Level 3	Bletchley	Co Milton K	3
1:05.47	589	F	17/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:05.87	578	H	17/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:05.14	598	F	02/12/18	Ealing Christmas County Qualifier	Northolt LC	Co Milton K	3
1:06.00	575	H	21/10/18	Team Luton Autumn Short Course Meet 2018	Inspire Luton Sports	Co Milton K	3
1:08.19	521	F	24/06/18	2nd Maurice and Daphne Short Course Memorial Meet	Hillingdon		2
1:06.47	563	F	11/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:08.65	511	H	11/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:09.14	500	F	19/11/17	CMKSC Autumn Open Meet (Level 3)	Bletchley		3
1:06.36	565	F	25/06/17	Hillingdon Summer Meet	Uxbridge	Co Milton K	2
1:06.52	561	F	18/06/17	CMKSC Summer Open Meet Level 3	Bletchley		3
1:08.02	525	F	12/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:09.73	487	H	12/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
1:10.03	481	F	11/12/16	CMKSC Christmas Cracker Open Meet	Bletchley		3
1:08.62	511	F	20/11/16	CMK November Open Meet (Level 3)	Milton Keynes		3
1:09.32	496	H	06/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Co Milton K	2
1:11.24	457	H	23/10/16	ASA National County Teams Division 1	Sheffield	Ox & N Bucks	2
1:11.05	461	H	22/10/16	Lincoln Vulcans L2 Short Course Open Meet	Sheffield	Co Milton K	2
1:09.17	499	F	16/07/16	Team Luton Fast & Furious III Sprint Meet	Luton	Co Milton K	3
1:10.29	476	H	16/07/16	Team Luton Fast & Furious III Sprint Meet	Luton	Co Milton K	3
1:09.87	484	F	25/06/16	Hatfield Golden Jubilee Gala	Hatfield	Co Milton K	2
1:07.53	537	F	14/02/16	Oxon & North Bucks County Champs	Aylesbury	Co Milton K	2
1:08.11	523	H	14/02/16	Oxon & North Bucks County Champs	Aylesbury	Co Milton K	2

1:12.54	433	F	22/11/15	Golden Eagle Meet 2015	Bletchley		2
1:13.96	408	H	22/11/15	Golden Eagle Meet 2015	Bletchley		2
1:12.60	432	F	31/10/15	City of Milton Keynes SC Annual 502400's Meet 2015	Milton Keynes		3
1:11.86	445	H	24/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade		3
1:13.71	412	H	17/10/15	Lincoln Vulcans Level 2 Open Meet	Sheffield		2
1:15.97	377	H	03/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
1:16.72	366	H	11/07/15	Hatfield Summer Spectacle	Hatfield	Bedford SS	3
1:14.89	393	F	27/06/15	The Terry Davies Alternative Nationals	Watford	Bedford SS	3
1:13.27	420	H	28/03/15	N&BSC Delia Reynolds "Speed Preparation"	Nuneaton		3
1:14.94	392	F	25/01/15	Biggleswade 16th Open Meet	Biggleswade	Bedford SS	3
1:18.46	342	H	10/01/15	City of Cambridge Winter Open Short Course	Parkside		2
1:14.52	399	F	19/12/14	City of Peterborough County Qualifier Open Meet	Peterborough	Bedford SS	3
1:13.48	416	F	28/06/14	WSC Terry Davies Alternative Nationals	Watford	Bedford SS	3
1:15.92	377	H	22/03/14	Bedfordshire Age Group & County Champs	Luton	Bedford SS	2
1:16.92	363	F	19/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Bedford SS	3
1:18.27	344	H	11/01/14	City of Cambridge Winter Meet	Cambridge	Bedford SS	2
1:17.82	350	H	01/12/13	Nuneaton & Bedworth Winter Meet	Nuneaton	Bedford SS	2
1:19.76	325	H	06/10/13	Leicester Penguins Open Meet 2013	Braunstone	Bedford SS	3
1:18.92	336	F	22/06/13	CMKSC 11th Annual End of Season	Bletchley	Bedford SS	3
1:24.61	273	H	11/05/13	Mid Beds Swim Squad 3rd Open Meet	Biggleswade	Bedford SS	2
1:24.17	277	H	27/04/13	Team Luton Spring Open Meet 2013	Luton	Bedford SS	3
1:27.00	251	F	20/01/13	Biggleswade SC 14th Open meet	Biggleswade	Bedford SS	3
1:29.92	227	H	28/10/12	Flitwick Dolphins Open Meet	Flitwick	Bedford SS	3
1:32.76	207	H	25/08/12	Sheffield City 2012 Open Sprints Meet	Sheffield	Bedford SS	3