Individual Best Times (All Time)

Aiyana Lawson - (526347) - City Of Milton Keynes - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:57.34	660	H	03/12/17	HATFIELD XMAS MEET 2017	HERTFORDSHIRE	Co Milton K	3
5:00.78	638	F	14/01/18	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
5:02.44	627	H	18/12/16	ASA Winter Meet 2016	Sheffield	Co Milton K	2
5:03.90	618	F	15/01/17	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
5:04.97	612	H	06/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Co Milton K	2
5:05.06	611	F	17/01/16	Oxfordshire & North Bucks County Champs	Aylesbury	Co Milton K	2
5:05.15	611	F	06/12/15	Maxwell December 2015 L3 Meet	Aylesbury		3
5:05.16	610	F	20/01/19	Oxfordshire & North Bucks County Championships	Aylesbury	Co Milton K	2
5:11.12	576	H	08/11/15	ASA South East Region Winter Championships 2015	Portsmouth		2
5:12.06	571	H	08/03/14	Bedfordshire Age Group & County Champs	Luton	Bedford SS	2
5:12.53	568	H	06/12/14	ASA East Region Winter Championships	Luton		2
5:13.50	563	H	04/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
5:14.42	558	H	25/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade		3
5:14.93	555	H	10/01/15	City of Cambridge Winter Open Short Course	Parkside		2
5:17.10	544	F	18/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Bedford SS	3
5:17.86	540	F	23/11/14	Watford MD & Sprints Open Meet	Watford	Bedford SS	3
5:18.44	537	H	11/05/13	Mid Beds Swim Squad 3rd Open Meet	Biggleswade	Bedford SS	2
5:18.55	537	F	03/04/16	CMKSC Annual L3 Spring Open Meet	Milton Keynes		3
5:23.48	512	H	27/04/13	Team Luton Spring Open Meet 2013	Luton	Bedford SS	3
5:28.89	488	F	19/01/13	Biggleswade SC 14th Open meet	Biggleswade	Bedford SS	3
5:32.63	471	H	24/11/12	City of Leicester Distance Meet	Leicester	Bedford SS	2
5:52.28	397	H	22/01/12	Windsor Level 2 Open Meet	Maidenhead	Bedford SS	2
5:55.56	386	F	20/11/11	City of Milton Keynes 502400's Meet	Bletchley	Bedford SS	2
6:34.14	283	H	05/12/10	Stafford Apex Open Meet	Stafford	Bedford SS	2

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